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Multidecadal Variability and Predictability of Antarctic Sea Ice in GFDL SPEAR_LO Model

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29 **Abstract**

30 Using a state-of-the-art coupled general circulation model, physical processes underlying
31 Antarctic sea ice multidecadal variability and predictability are investigated. Our model
32 simulations constrained with atmospheric reanalysis and observed sea surface temperature
33 broadly capture the observed sea ice extent (SIE) variability with a low sea ice state (late 1970s-
34 1990s) and a high sea ice state (2000s-early 2010s), although the model overestimates the SIE
35 decrease over the Weddell Sea around the 1980s. The low sea ice state is largely due to an
36 occurrence of strong deep convection in the Southern Ocean that subsequently induces
37 anomalous warming of the upper ocean. During the high sea ice period (post-2000s), the deep
38 convection substantially weakens, so that surface wind variability plays greater roles in the SIE
39 variability. Decadal retrospective forecasts started from the above-mentioned constrained
40 model results demonstrate that the Antarctic sea ice multidecadal variability can be skillfully
41 predicted 6-10 years in advance, showing a moderate correlation with the observation (0.4).
42 Ensemble members with a stronger deep convection tend to predict a larger sea ice decrease in
43 the 1980s, whereas the members with a larger surface wind variability tend to predict a larger
44 sea ice increase after the 2000s. Therefore, skillful simulation and prediction of the Antarctic
45 sea ice multidecadal variability require accurate simulation and prediction of both the Southern
46 Ocean deep convection and surface wind variability in the model.

47

48 **Keywords**

49 Antarctic sea ice, Multidecadal variability, Predictability, Coupled general circulation model

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51



52 **1. Introduction**

53 Antarctic sea ice plays key roles in exchanging heat, momentum, freshwater, and gases
54 between atmosphere and ocean in the Southern Ocean. Formation of sea ice near the Antarctic
55 coast generates high salinity and dense water (e.g., Antarctic Bottom Water; Orsi et al., 1999)
56 that travels into a deeper part of the Southern Ocean and affects global thermohaline circulation.
57 Antarctic sea ice extent (SIE) undergoes substantial seasonal-to-interannual variations (e.g.,
58 Yuan and Martinson, 2000; Cavalieri et al., 2003), and shows a slightly increasing trend until
59 2015 during the satellite era (e.g., Yuan et al., 2017; Parkinson, 2019). This contrasts with a
60 significant SIE decrease in the early and middle twentieth century, estimated from a century-
61 long SIE reconstructed data (Fogt et al., 2022). This implies that a low-frequency variability
62 beyond a decade may exist in the Antarctic SIE. Observation shows that the Antarctic SIE
63 reaches a record high in 2014 but abruptly declines to a record low in late 2016. The Weddell
64 Sea contributes the most to the total sea ice decrease (Turner et al., 2020). The recent Antarctic
65 SIE decrease is attributed to several physical processes, including the upper Southern Ocean
66 warming (Meehl et al., 2019; Zhang et al., 2022b), anomalous warm air advection from the
67 north (Turner et al., 2017) associated with atmospheric teleconnection from the tropics (Wang
68 et al., 2019), and weakening of the midlatitude westerlies (Stuecker et al., 2017; Schlosser et
69 al., 2018) linked to a negative phase of Southern Annual Mode (SAM; Thompson and Wallace,
70 2000) induced by the weakening of polar stratospheric vortex (Wang et al., 2019). It is still
71 unclear whether the recent SIE decrease is a part of interannual variability or lower-frequency
72 variability (Eayrs et al., 2021).

73 Most coupled general circulation models (CGCMs) simulate a decreasing trend of the
74 Antarctic SIE in response to both increasing greenhouse gases and stratospheric ozone
75 depletion. The positive SIE trend observed in the past three decades until 2015 cannot be solely
76 explained by anthropogenic forcings, but may be attributed to natural variability (Polvani and
77 Smith, 2013). For example, Goose and Zunz (2014) discussed a role of positive ice-ocean
78 feedback in amplification of sea ice increase using a CGCM control simulation. Once the sea
79 ice starts to increase, the brine released from the sea ice can be transported downward to deeper
80 layers and not incorporated back into the mixed layer. This leads to a decrease in surface
81 salinity, an increase in surface stratification, and thus reduced vertical ocean heat transport,
82 resulting in further increase in sea ice. Lecomte et al. (2017) confirmed this ice-ocean feedback
83 in the Ross Sea using an ocean general circulation model. Even with the climatological wind
84 forcing, the model can simulate a slightly increasing SIE trend associated with the heat loss in
85 the surface mixed layer and the heat gain at the base of the mixed layer.



86 Open-ocean deep convection (Gordon, 1978; Killworth, 1983; Akitomo et al., 1995) in
87 the Southern Ocean is also important for Antarctic sea ice variability. For example, Goosse and
88 Fichet (2001) examined a role of deep convection in the formation of Weddell polynya (i.e.,
89 open water area enclosed by sea ice) using an ocean-ice model. They found that surface salinity
90 increase owing to brine release during sea ice formation period tends to induce deep convection
91 and entrain the relatively warm water from the subsurface ocean to the surface mixed layer,
92 responsible for sea ice decrease. The link between Weddell polynya and open-ocean deep
93 convection is widely discussed in observational and modeling studies (e.g., Gordon et al., 2007;
94 Cheon et al., 2014, 2015). Recently, Zhang et al. (2019) pointed out that the observed SST
95 cooling and sea ice increasing trends in the Ross and Weddell Seas can be reproduced in the
96 CGCM where they start the simulations from an active phase of the deep convection.

97 On the other hand, surface wind variability also contributes to Antarctic sea ice
98 variability. Turner et al. (2016) attributed the positive SIE trend in the Ross Sea to stronger
99 southerly winds associated with a deepening of the Amundsen Sea Low, which are linked to a
100 negative phase of the Interdecadal Pacific Oscillation (IPO; Power et al., 1999, Meehl et al.,
101 2016) and a positive phase of the Atlantic Multidecadal Oscillation (AMO; Li et al., 2014).
102 The stronger southerly winds tend to enhance northward sea ice advection and increase sea ice
103 concentration in the Ross Sea (Holland and Kwok, 2012). Using a CGCM constrained with
104 atmospheric reanalysis surface winds and observed SST, Blanchard-Wrigglesworth et al.
105 (2021) confirmed the influences of surface winds and SST in the Southern Ocean onto the
106 Antarctic SIE trend and variability. However, their simulations could not well reproduce the
107 low sea ice state in the 1980s and the increasing SIE trend afterwards. Sun and Eisenman (2021)
108 modified the simulations by replacing the model sea ice velocity with the observed sea ice
109 motion and found that their new simulations can capture the Antarctic sea ice increasing trend
110 from 1992 to 2015. The failure of the model in simulating the increasing sea ice trend may be
111 due to the model biases in the sea ice drift velocity.

112 Several studies have reported skillful predictions of regional and pan-Antarctic SIE
113 variability at seasonal-to-interannual timescales (Guemas et al., 2014, 2016; Marchi et al.,
114 2019; Morioka et al., 2019, 2021; Bushuk et al., 2021), and prediction skills of summertime
115 sea ice are generally lower than those of wintertime sea ice. However, few studies have
116 examined the multi-year to decadal sea ice predictability of the Antarctic SIE. Yang et al.
117 (2016) provided broad assessment of the Antarctic SIE predictability using decadal hindcasts
118 from eleven Coupled Model Intercomparison Project Phase 5 (CMIP5) models. They
119 concluded that most of the CMIP5 models do not show promising prediction skills for the



120 Antarctic SIE anomalies. The prediction skills are much lower than the persistence prediction
121 using the observed SIE anomalies. The low prediction skills are likely because most of the
122 models are initialized on every 1 January when the sea ice extent is very low and little sea ice
123 information persists in the models. Most of the models cannot predict the increasing Antarctic
124 SIE trend in the past three decades. When a linear trend is removed from the SIE anomalies,
125 the prediction skills become higher in the Ross Sea and the Weddell Sea. The prediction skills
126 in the initialized hindcasts tend to be higher than those in the uninitialized hindcasts. These
127 results are consistent with a former study (Zunz et al., 2015) that showed skillful prediction of
128 the multi-year Antarctic SIE variability by initializing the model surface air temperature.
129 Recently, Morioka et al. (2022) demonstrated that ocean and sea ice initializations in their
130 CGCM improve decadal sea ice prediction skills in the west Antarctic Seas. They discussed
131 the improvement of prediction skills for the regional sea ice, in particular after 2005 when the
132 subsurface ocean observations increased. However, the model could not capture the sea ice
133 decrease in the 1980s, so we need further efforts to improve our understanding of multidecadal
134 sea ice variability and predictability.

135 In this study, we attempt to address the following two scientific questions: what are
136 relative importance of the Southern Ocean deep convection and the atmospheric variability in
137 the Antarctic SIE multidecadal variability? How far and skillfully can the Antarctic sea ice
138 multidecadal variability be predicted and what are the underlying physical processes? To this
139 end, we examine the Antarctic sea ice multidecadal variability and predictability using the
140 GFDL (Geophysical Fluid Dynamics Laboratory) newly developed Seamless System for
141 Prediction and Earth System Research (SPEAR; Delworth et al., 2020) model. We compare
142 the observation data and model simulations constrained with atmospheric reanalysis surface
143 winds and temperature and observed SST to evaluate how reasonably the model simulates the
144 observed SIE variability. We also clarify the relative importance of atmosphere and ocean in
145 the Antarctic SIE multidecadal variability. Using the decadal retrospective forecasts started
146 from the above constrained model simulations, we attempt to understand to what extent the
147 multidecadal sea ice variability can be skillfully predicted. This paper is organized as follows:
148 Sect. 2 describes observation data and model experiments performed in this study. In Sect. 3,
149 we provide all the observational and model results. In Sect. 4, we put them into the historical
150 context and discuss the remaining issues to be addressed in future work.

151

152 **2. Methodology**



153 **2.1. Observation Data**

154 We obtained monthly sea ice concentration (SIC) from the Hadley Centre Global Sea Ice and
155 Sea Surface Temperature version 1 (HadISST1; Rayner et al., 2003) and version 2 (HadISST2;
156 Titchner and Rayner, 2014) which have a horizontal resolution of one degree. We analyzed the
157 SIC data during 1958-2020 for the HadISST1 and 1958-2019 for the HadISST2 to compare
158 with the SPEAR simulations described below. Since the HadISST1 covers a slightly longer
159 period than the HadISST2, we used the SIC data from the HadISST1 to perform a persistence
160 decadal retrospective forecast in which the observed SIC anomaly for each year of 1961-2011
161 is assumed to persist over the next 10 years.

162 It should be noted that the HadISST2 provides more consistent sea ice record than the
163 HadISST1, because the HadISST2 employs new data sources, new bias adjustments, and new
164 methods to estimate the sea ice concentration based on the sea ice edge information. These
165 updates lead to higher sea ice concentration and larger extent for some regions and periods in
166 the HadISST2 than the HadISST1 (Titchner and Rayner, 2014). Also, both the HadISST1 and
167 HadISST2 derive the SIC data indirectly using the monthly climatology of the observations for
168 each decade before the advent of satellite imagery in 1973. Therefore, the SIC data does not
169 include any interannual variability before the early 1970s, but gives a general indication of sea
170 ice variations on decadal timescales. Due to bias adjustments, the HadISST2 tends to show
171 larger SIE after 1973 than the HadISST1 (Titchner and Rayner, 2014). Since there is a large
172 uncertainty in the SIC data before the satellite period (Hobbs et al., 2016), we discuss physical
173 processes underlying the multidecadal sea ice variability for the post-satellite (post-1973)
174 period.

175 To compare the sea ice variations obtained from the HadISST1 and HadISST2 in the
176 satellite period, we used another monthly SIC data which are recently released from the
177 National Oceanic and Atmospheric Administration (NOAA) and the National Snow and Ice
178 Data Center (NSIDC) (NOAA/NSIDC; Meier et al., 2021). The SIC data from the
179 NOAA/NSIDC is based on the passive microwave data from several satellites and covers a
180 period of 1979-2020 with a high resolution of 0.25 degree. We horizontally interpolated the
181 high resolution SIC data onto the HadISST1 data grid. To compare the subsurface ocean
182 conditions, we used monthly objective analyses of ocean temperature and salinity from EN4
183 dataset (Good et al., 2013). For all of these datasets, we calculated monthly anomalies by
184 removing the monthly climatology and a linear trend using a least squares method.

185

186 **2.2 CGCM Experiments**



187 The fully coupled climate model we used in the present study is the SPEAR low
188 resolution (SPEAR_LO; Delworth et al., 2020) model. The SPEAR_LO consists of the AM4
189 atmospheric and LM4 land surface components (Zhao et al., 2018a, b) and the MOM6 ocean
190 and SIS2 sea ice components (Adcroft et al., 2019). The atmospheric component of the
191 SPEAR_LO has a horizontal resolution of approximately 100 km and 33 vertical levels with
192 the model top at 1 hPa. The ocean and sea ice components have a horizontal resolution of 1°
193 with a gradual decrease to 1/3° in the meridional direction toward the tropics. The ocean model
194 has 75 layers in the vertical which include 30 layers in the top 100 m with a finer resolution.
195 The ocean model uses a hybrid vertical coordinate which is based on a function of height in
196 the upper ocean, transitioning to isopycnal layers in the interior ocean. The depth of transition
197 to isopycnal layers is shallower in the tropics and deeper in the high latitudes (Adcroft et al.,
198 2019). More details of the SPEAR_LO are described in a paper by Delworth et al. (2020).

199 The SPEAR_LO is then partly constrained with observation and reanalysis to mimic
200 more realistic observational evolutions. Since the ocean observational data, in particular the
201 subsurface ocean, is relatively sparser than the atmosphere, we nudged the atmospheric model
202 winds and temperature in all the vertical levels to atmospheric reanalysis and the model SST
203 to observed SST in the SPEAR_LO decadal coupled initialization/reanalysis system
204 (SPEAR_LO_DCIS; X. Yang et al., 2021). The atmospheric and SST nudging approach allows
205 the model to generate realistic air-sea fluxes that subsequently drives the ocean (X. Yang et al.,
206 2021). The SPEAR_LO_DCIS covers a period of 1958-2020 and has 30 ensemble members,
207 starting from ocean, atmosphere, and sea ice conditions in the control simulation with
208 preindustrial atmospheric radiative forcing, called SPEAR large-ensemble simulation
209 (SPEAR_LES; Delworth et al., 2020), at model years 101, 121, 141, and every 20 years
210 thereafter until model year 681. In the SPEAR_LO_DCIS, we nudged the atmospheric model
211 winds and temperature in all the vertical levels toward the 6-hourly atmospheric product from
212 the Japanese 55-year Reanalysis (JRA-55; Kobayashi et al., 2015). We also nudged the model
213 SST toward the NOAA Extended Reconstructed Sea Surface Temperature version 5
214 (ERSSTv5; Huang et al., 2017) data. We applied the SST nudging within 60°S-60°N at a rate
215 of $240 \text{ W m}^{-2} \text{ K}^{-1}$, which corresponds to a 10-day nudging timescale for a 50-m mixed-layer
216 depth. The strength of SST nudging is tapered linearly from 1.0 at 55°S (55°N) to 0.0 at 60°S
217 (60°N). Here we nudged the SST within 60°S-60°N, because the ERSSTv5 has a warm bias in
218 the polar region as compared to the satellite observation (Huang et al., 2017) and this may
219 affect the sea ice distribution and ocean circulation in the model. The SPEAR_LO_DCIS is
220 forced by the time-varying natural and anthropogenic radiative forcings which are the same as



221 in the SPEAR_LES. Here we employed a historical forcing for the period of 1958-2014,
222 whereas we adopted a projection forcing with the Shared Socioeconomic Pathway 5-8.5 (SSP5-
223 8.5) scenario (Kriegler et al., 2017; Riahi et al., 2017) afterwards. Volcanic aerosol forcing and
224 solar irradiance changes are also included in the model.

225 To examine prediction skills of the Antarctic sea ice multidecadal variability, we also
226 conducted SPEAR_LO decadal retrospective forecasts (SPEAR_LO_DRF; X. Yang et al.,
227 2021) starting every 1st January of 1961-2020 from the SPEAR_LO_DCIS. We used 20
228 members of the SPEAR_LO_DCIS as the initial conditions and integrated the model over 10
229 years with the time-varying natural (e.g., solar variability and volcanic aerosols) and
230 anthropogenic (e.g., CO₂ concentration and aerosols) radiative forcings based on the
231 observations and developed in support of Coupled Model Intercomparison Project Phase 6
232 (CMIP6) Project (Eyring et al., 2016). To calculate monthly anomalies, we removed a lead-
233 time (i.e., 120 months lead) dependent climatology and linear trend from the output. For
234 example, we calculated monthly climatology and linear trend for 1 month lead prediction from
235 every January 1st of 1961-2011, then removed them from raw values to calculate the monthly
236 anomalies for 1 month lead prediction. Removing the liner trend allows us to assess the sea ice
237 prediction skills originating from natural variability. More details on the SPEAR_LO_DCIS
238 and SPEAR_LO_DRF can be seen in a paper written by X. Yang et al. (2021).

239 To gain more insight into possible impacts of atmosphere model resolutions on
240 representation of the Antarctic sea ice multidecadal variability, we compared two 1000-yr
241 control simulations forced with atmospheric composition fixed at levels of preindustrial era
242 between the SPEAR_LO model and SPEAR medium-resolution (SPEAR_MED; Delworth et
243 al., 2020) model. The SPEAR_MED model has a higher atmospheric and land resolution
244 (approximately 50 km) but has the same ocean and sea ice models with the SPEAR_LO model.
245 Details on the differences in simulation of the Southern Ocean multidecadal variability between
246 the two models are given in a recent paper by Zhang et al. (2022a).

247 We estimated the strength of Southern Ocean deep convection (DCV) by the maximum
248 absolute value of meridional overturning streamfunction south of 60°S (Zhang et al., 2019) to
249 explore a possible role of Southern Ocean deep convection in the sea ice variability. We also
250 defined the mixed-layer depth at which the ocean density increases by 0.03 kg m⁻³ from its
251 value at the ocean surface. Furthermore, we evaluated the upper ocean heat balance using the
252 model output stored at each model grid. In the SPEAR model, the total ocean heat tendency
253 was calculated by a sum of horizontal advection, vertical advection, parameterized mesoscale
254 diffusion and dianeutral mixing, and surface heat fluxes.



255

256 **3. Results**

257 **3.1 Antarctic Sea Ice Multidecadal Variability Simulated in SPEAR_LO Model**

258 We show in Fig. 1 the annual mean SIC from the HadISST1 and the SPEAR_LO_DCIS. The
259 observation (Fig. 1a) shows high SIC above 70 % in the Pacific and Atlantic sectors during
260 1958-2020. The SPEAR_LO_DCIS (Fig. 1b) captures the high SIC in these two regions,
261 although the simulated SIC is somewhat lower than the observed SIC. Since the monthly
262 climatology of the Antarctic SIE during austral summer for the SPEAR_LO_DCIS
263 (Supplementary Fig. S1) is lower than that for the HadISST1, the underestimation of the annual
264 mean SIC in the SPEAR_LO model is mostly due to that of the summertime SIC, which is also
265 reported in other CGCMs contributing to the CMIP6 (Roach et al., 2020). We find a similar
266 pattern for the satellite period of 1979-2020, although the monthly climatology of the Antarctic
267 SIC during austral winter for the SPEAR_LO_DCIS is higher than that for the NOAA/NSIDC
268 (Supplementary Fig. S1; see also Bushuk et al., 2021).

269 Standard deviation of 5-yr running mean SIC anomalies from the observation (Fig. 1c)
270 shows a large sea ice variability near the edge of sea ice in the Pacific sector and also near the
271 coastal region of the eastern Weddell Sea. Here we employed a 5-yr moving average of the
272 monthly SIC anomalies to extract low-frequency variability beyond a decade. The large sea ice
273 variability near the edge of sea ice in the Pacific sector is mostly due to that during austral
274 autumn-spring (Supplementary Figs. S2c, e, g), while the large sea ice variability in the coastal
275 region of the eastern Weddell Sea is attributed to that during austral spring-autumn
276 (Supplementary Figs. S2a, c, g). This represents seasonal differences in the decadal sea ice
277 variability over different regions. The SPEAR_LO_DCIS (Fig. 1d) also exhibits a large sea ice
278 variability in these two regions, but the simulated SIC variability is much larger in the Weddell
279 Sea. This is mostly due to the larger SIC variability simulated in the eastern Weddell Sea during
280 austral winter and spring (Supplementary Figs. S2f, h), although the SPEAR_LO_DCIS tends
281 to capture the observed SIC variability there during austral summer and autumn
282 (Supplementary Figs. S2b, d).

283 In the coastal region of the eastern Weddell Sea, successive polynya events occurred
284 during austral winter of 1974-1976 (Carsey, 1980). The Weddell polynya are generated through
285 various processes (Morales Maqueda et al., 2004) such as upwelling of deep warm water as a
286 result of salinity-driven vertical convection (Martinson et al., 1981) and wind-driven sea ice
287 divergence (Goosse and Fichefet, 2001). Two polynya events are recently reported during



288 2016-2017, partly contributing to the record-low sea ice in the Weddell Sea (Turner et al.,
289 2020). A weaker ocean stratification and increased ocean eddy activities are suggested to
290 provide favorable conditions for these polynya events (Cheon and Gordon, 2019), although the
291 synoptic atmospheric variability such as polar cyclones and atmospheric rivers may trigger
292 these events (Francis et al., 2019, 2020). We find that the SPEAR_LO_DCIS does not
293 overestimate the SIE decrease associated with these polynya events during 1974-1976 and
294 2016-2017 (Supplementary Fig. S3). There are other reasons for the large sea ice variation in
295 the eastern Weddell Sea of the SPEAR_LO_DCIS, which will be discussed later.

296 Time series of the pan-Antarctic SIE anomalies from the observation (Fig. 2a) show a
297 multidecadal variability with a low sea ice state (late 1970s-1990s) and a high sea ice state
298 (2000s-early 2010s). A high sea ice state before the early 1970s is also reported in several
299 studies using the satellite images of Nimbus 1 and 2 in the 1960s (Meier et al., 2013; Gagne
300 et al., 2015), the past 200-yr sea ice edge latitude data reconstructed by ice core and fast-ice
301 records (J. Yang et al., 2021), and a century-long SIE data reconstructed by major climate
302 indices (Fogt et al., 2022). However, there is a large degree of uncertainty in the sea ice data
303 before the satellite period. The SPEAR_LO_DCIS exhibits a similar multidecadal variability
304 and has a significantly high correlation (0.72) with the observed SIE anomalies from the
305 HadISST1. Here we used 12 degrees of freedom to evaluate the statistical significance for the
306 correlation coefficient, because we applied a 5-yr running mean filter to 63-yr long data. The
307 model overestimates negative SIE anomalies between the late 1970s and early 1980s (Fig. 2a).
308 This is mostly due to the model overestimation of negative SIE anomalies in the Weddell Sea
309 (Fig. 2b), and the correlation value with the HadISST1 is statistically significant (0.63), slightly
310 lower than that for the pan-Antarctic SIE. This can also be inferred from the model bias in
311 capturing the large SIC variability in the Weddell Sea (Fig. 1d). Since the ensemble spreads of
312 the negative SIE anomalies are large, some members (5 out of 30 members) in the
313 SPEAR_LO_DCIS are found to produce more reasonable SIE anomalies over the pan-
314 Antarctic and Weddell Sea as in the observation (Fig. 2a-b). The ensemble spreads seem to
315 decrease after the late 1990s when the sea ice starts to increase (Fig. 2b). This may be related
316 to different processes controlling the ensemble spreads of the SIE anomalies before and after
317 the 1990s, which will also be discussed later. Other Antarctic seas such as the Ross and
318 Amundsen-Bellingshausen Seas also show a good agreement of the SIE anomalies between the
319 HadISST1 and the SPEAR_LO_DCIS with significant correlations of 0.50 and 0.84,
320 respectively (Fig. 2c-d). It should be noted that the HadISST1 shows larger positive SIE
321 anomalies in the Amundsen-Bellingshausen Seas after 2010 than the NOAA/NSIDC (Fig. 2d),



322 probably because the HadISST1 does not use passive microwave derived sea ice concentration
323 that includes open water areas poleward of the marginal ice zone particularly in austral summer
324 (Rayner et al., 2003).

325 To explore physical mechanisms underlying the Antarctic sea ice multidecadal
326 variability in the SPEAR_LO_DCIS, we focus on the Weddell Sea which contributes the most
327 to the total sea ice variability in the SPEAR_LO_DCIS (Fig. 2a-b). Time series of 5-yr running
328 mean wind stress and curl anomalies (Fig. 3a) exhibit that a significant SIE decrease between
329 the late 1970s and early 1980s is associated with stronger westerly winds and negative wind
330 stress curl anomalies. These surface wind anomalies tend to induce anomalous upwelling of
331 warm water from the subsurface ocean on decadal and longer timescales (Ferreira et al., 2015),
332 contributing to the sea ice decrease. The westerly and negative curl anomalies coincide with a
333 positive phase of the SAM (Fig. 3b), although ensemble spreads of the SAM index (Gong and
334 Wang, 1999) are large. The IPO index (Fig. 3b), which is defined as the 13-yr running mean
335 of the SST tripole index in the tropics and subtropics (Henley et al., 2015), is negative around
336 1975 when the westerly and negative curl anomalies start to appear, but turns to positive values
337 after 1980. This out-of-phase relationship indicates that the surface wind variability in the
338 Weddell Sea is more related to the SAM than the IPO. On the other hand, the net surface heat
339 flux (Fig. 3c) shows negative (upward) anomalies between the late 1970s and early 1980s. As
340 a result of the decrease in sea ice, more heat is released from the ocean surface. We obtain an
341 opposite but similar process for the high sea ice state after the 2000s when weaker westerly
342 winds and positive curl anomalies appear. The wind stress and curl anomalies are found to have
343 almost the same amplitude as those in the low sea ice period. This implies that the surface wind
344 variability cannot fully explain the large negative SIE anomalies in the SPEAR_LO_DCIS
345 during the late 1970s and the early 1980s. This motivates us to further investigate roles of
346 surface and subsurface ocean variability in the Weddell Sea and their mechanisms.

347 The substantial SIE decrease between the late 1970s and the early 1980s is associated
348 with positive SST anomalies (Fig. 3d). A positive peak of the SST anomalies in the early 1980s
349 is preceded by positive peaks of the mixed layer depth and deep convection anomalies. Since
350 a positive peak of the deep convection anomalies leads that of mixed-layer depth anomalies by
351 a few years, the stronger deep convection deepens the mixed layer and entrains more warm
352 water from the subsurface ocean. This plays a crucial role in the development of extremely low
353 sea ice in the Weddell Sea. Moreover, the negative SIE anomalies are accompanied by positive
354 sea surface salinity (SSS) anomalies (Fig. 3e). Net salt flux into the ocean at the surface
355 associated with sea ice formation shows positive anomalies, but the amplitude is much smaller



356 than positive anomalies of the precipitation minus evaporation corresponding to net surface
357 water flux into the ocean. As a result of the decrease in sea ice, more freshwater goes into the
358 ocean, but it cannot explain the SSS increase in the Weddell Sea. Rather, the SSS increase is
359 driven by other oceanic processes, that is, the stronger deep convection and the associated
360 deeper mixed layer that entrains relatively high salinity water from the subsurface ocean.

361 To underscore the importance of subsurface ocean variability, we describe time series
362 of ocean temperature and salinity anomalies averaged in the Weddell Sea as a function of depth
363 (Fig. 4). Observation data (Fig. 4a) shows that sea ice decrease between the late 1970s and
364 early 1980s is accompanied by positive temperature anomalies in the upper 100 m and negative
365 temperature anomalies below 100 m. The SPEAR_LO_DCIS (Fig. 4b) captures a dipole
366 structure of the positive and negative temperature anomalies in the vertical, although the
367 amplitude is much larger than that in the observation. Interestingly, both the observation and
368 SPEAR_LO_DCIS (Fig. 4a-b) show that the positive temperature anomalies in the upper 100
369 m start to appear in the early 1970s, which is preceded by positive temperature anomalies below
370 100 m in the 1960s. The anomalous heat buildup in the subsurface ocean during the 1960s may
371 have links to the subsequent surface warming in the 1970s. On the other hand, the salinity
372 anomalies between the late 1970s and the early 1980s are positive in the upper 100 m and
373 negative below 200 m for both the observation (Fig. 4c) and SPEAR_LO_DCIS (Fig. 4d).
374 Since both the temperature and salinity anomalies exhibit the dipole structure in the vertical,
375 vertical ocean processes are expected to operate for inducing these anomalies.

376 The observed ocean density shows positive anomalies from the surface to the deeper
377 ocean around 1980 (Fig. 5a). The SPEAR_LO_DCIS also shows the higher density around
378 1980, although the amplitude is larger than the observation (Fig. 5b). Associated with the
379 positive density anomalies, the mixed layer anomalously deepens. The observed ocean
380 stratification, which is estimated by squared Brunt Väisälä frequency, shows negative
381 anomalies below 100 m around 1980. (Fig. 5c). The SPEAR_LO_DCIS also shows weaker
382 stratification (Fig. 5d), which starts to appear below 100 m in the 1960s and provides favorable
383 conditions for deepening of the mixed layer after the 1970s. We decomposed the density
384 anomalies into the anomalies solely dependent on temperature anomalies and other ones
385 accompanied by salinity anomalies. We find that the positive density anomalies below 100 m
386 between the late 1970s and the early 1980s are attributed to those induced by the negative
387 temperature anomalies (Figs. 4b, 5e), whereas the positive density anomalies in the upper 100
388 m arise from those associated with the positive salinity anomalies (Figs. 4d, 5f). Furthermore,
389 the negative density anomalies below 200 m in the 1960s are driven by the warm temperature



390 anomalies (Figs. 4b, 5e). Therefore, the anomalous heat buildup in the subsurface ocean during
391 the 1960s and early 1970s is responsible for the initiation of deep convection and the deepening
392 of the mixed-layer that results in warmer SST and sea ice decrease between the late 1970s and
393 the early 1980s.

394 To further investigate how the surface and subsurface ocean temperature anomalies are
395 generated, we evaluated ocean heat balance in the upper 100 m and in the subsurface 200-1200
396 m, respectively (Fig. 6). Here we combine both contributions from the dianeutral mixing and
397 mesoscale diffusion into one term, because the contribution from the mesoscale diffusion is
398 found to be much smaller than that from the dianeutral mixing. Tendency anomalies of ocean
399 temperature in the upper 100 m (Fig. 6a) are positive in the 1970s when the positive SST and
400 negative SIE anomalies (Fig. 3d) start to evolve. Net surface heat flux positively contributes to
401 the temperature tendency anomalies in the early 1970s, but shows large negative contribution
402 afterwards. Also, ocean mixing and vertical advection more positively contribute to the
403 temperature tendency anomalies in the 1970s. This indicates that the deepening of mixed layer
404 (Fig. 3d) facilitates dianeutral mixing due to weaker stratification (Fig. 5b) and entrain more
405 warm water from below the mixed layer to increase the ocean temperature at surface. We obtain
406 a similar but opposite process for negative temperature tendency anomalies after the 1990s
407 when the positive SIE anomalies start to appear (Fig. 3d). On the other hand, the heat balance
408 in the subsurface 200-1200 m (Fig. 6b) shows that positive temperature tendency anomalies in
409 the 1960s when the anomalous heat builds up in the subsurface ocean are mostly due to both
410 contributions from the horizontal advection and dianeutral mixing. This suggests that more
411 warm water is advected into the Weddell Sea from the north and the associated weakening of
412 the upper ocean stratification (Fig. 5d) helps redistribute anomalous heat in the vertical. The
413 temperature tendency anomalies turn to negative values between the 1970s and the early 1980s
414 and back to positive values after the late 1980s. Vertical advection also positively contributes
415 to the temperature tendency anomalies in early 1990s, but gradually decays and is
416 overwhelmed by the horizontal advection and dianeutral mixing. The horizontal advection and
417 dianeutral mixing appear to be more important for the subsurface ocean temperature variability.

418 We have so far discussed physical processes for ensemble mean fields of the
419 SPEAR_LO_DCIS, but this analysis does not provide any explanation for the ensemble
420 spreads representing model uncertainty. To explore the underlying causes of ensemble spreads
421 in a simple way, we performed inter-member correlation analysis for 30 ensemble members of
422 the SPEAR_LO_DCIS. Here we calculated the correlation between the anomalies of SIE and
423 other variables simulated from the 30 ensemble members, assuming that initial differences in



424 the anomalies of other variables lead to those in the SIE anomalies. Figure 7a shows time series
425 of inter-member correlation coefficients between the 5-yr running mean SIE anomalies and the
426 leading zonal wind stress anomalies in the Weddell Sea as a function of lead years. Zonal wind
427 stress anomalies have significantly large negative correlations with SIE anomalies by 3-4 lead
428 years during the 1970s and the 1980s when the sea ice anomalously decreases. This means that
429 ensemble members with stronger westerly winds than the ensemble mean tend to simulate
430 larger sea ice decrease 3-4 years later. The negative correlations become stronger with longer
431 lead times after the late 1990s when the sea ice anomalously increases. This represents more
432 influence of weaker westerly winds on the anomalous sea ice increase. We obtain similar but
433 opposite correlations between the SIE anomalies and the leading wind stress curl anomalies
434 (Fig. 7b). Ensemble members with more negative curl anomalies than the ensemble mean tend
435 to simulate larger sea ice decrease in the 1970s and the 1980s, and vice versa after the late
436 1990s.

437 Inter-member correlations between the SIE anomalies and the leading MLD anomalies
438 (Fig. 7c) show significantly large and negative values by 3-4 lead years in the 1970s and the
439 1980s and by 5-6 lead years after the late 1990s. This indicates that ensemble members with
440 deeper mixed layer than the ensemble mean tend to simulate larger sea ice decrease 3-4 years
441 later in the 1970s and the 1980s, whereas the members with shallower mixed layer than the
442 ensemble mean tend to simulate larger sea ice increase 5-6 years later after the late 1990s. It
443 should be noted that we used spatially averaged values over the whole Weddell Sea, so the
444 results also include the destratified process near the coast dominated by sea ice production.
445 However, the SIE variability in the Weddell Sea is pronounced in the open water (Fig. 1d), so
446 the results mostly represent the open-water stratified process of cold/fresh water over
447 warm/salty circumpolar deep water. Similarly, we find negative correlations between the SIE
448 anomalies and the leading deep convection anomalies (Fig. 7d), but the links with the deep
449 convection become weaker after the late 1990s. This is partly due to the definition of deep
450 convection estimated over the entire Southern Ocean, but this has further implication that the
451 deep convection becomes weaker after the late 1990s and it cannot strongly influence the upper
452 ocean temperature below sea ice. This may be responsible for smaller ensemble spreads of the
453 SIE anomalies in the Weddell Sea after the late 1990s when the sea ice starts to increase (Fig.
454 2b). Therefore, the large uncertainty in the simulated amplitude of Southern Ocean deep
455 convection contributes more to that in the sea ice decrease in the late 1970s and 1980s, while
456 the model uncertainty in the surface wind variability contributes more to that in sea ice increase
457 after the late 1990s (Fig. 7a-c). This result is consistent with negative contributions from the



458 dianeutral mixing and vertical advection to the upper 100-m ocean temperature (Fig. 6a), which
459 is associated with shallower mixed layer after the 1990s (Fig. 3d) and weakening of westerly
460 winds after the 2000s (Fig. 3a).

461

462 **3.2 Skillful Prediction of Antarctic Sea Ice Multidecadal Variability**

463 For quantitative assessment of prediction skills of the Antarctic sea ice multidecadal
464 variability, we calculated anomaly correlations (ACCs) between the 5-yr mean observed SIC
465 anomalies from the HadISST1 and the 5-yr mean predicted SIC anomalies from 20 ensemble
466 members of the SPEAR_LO_DRF for each lead time of 1-5 years and 6-10 years (Fig. 8). Here
467 we used 50 degrees of freedom to evaluate statistical significance of the ACC, because we
468 performed decadal reforecasts independently starting from each year of 1961-2011. Persistence
469 prediction using the observed SIC anomalies shows very limited prediction skills of the sea ice
470 variability in the Antarctic seas at a lead time of 1-5 years (Fig. 8a). The ACCs significantly
471 drop below zero at a lead time of 6-10 years (Fig. 8b), indicating that the observed SIC
472 anomalies cannot persist beyond five years. This can also be seen in the year-to-year ACCs
473 (Supplementary Fig. S4) that shows the highest values in lead year 1, quickly decay in lead
474 year 2, then vanish afterward.

475 The ACCs in the SPEAR_LO_DRF are significantly high at a lead time of 1-5 years
476 (Fig. 8c), as compared to the persistence prediction (Fig. 8a). In particular, the ACCs become
477 higher in the Amundsen-Bellinghshausen Seas, Weddell Sea, and Indian sector. These regions
478 well correspond to those with higher ACCs of the SST in the model (see Fig. 10 in X. Yang et
479 al., 2021), indicating a close relationship between the SIC and SST variations. The ACCs in
480 these regions become smaller but remain significant for a lead time of 6-10 years (Fig. 8d). The
481 high ACCs at a lead time of 1-5 years are mostly due to those during austral autumn-spring
482 (Supplementary Figs. S5c, e, g), while the significant ACCs at a lead time of 6-10 years are
483 mainly attributed to those during austral winter and spring (Supplementary Figs. 5f, h). Decadal
484 sea ice predictability during austral summer (Supplementary Figs. S5a, b) is the lowest, because
485 the sea ice extent reaches its minimum and the decadal SIC variability is confined near the
486 Antarctic coast occupying smaller areas (Supplementary Fig. S2a). We can also find that the
487 year-to-year prediction skills of the ACC from the SPEAR_LO_DRF (Supplementary Fig. S6)
488 are higher than those from the persistence prediction (Supplementary Fig. S4), although the
489 amplitude of the ACC (Supplementary Fig. S6) is lower than the prediction skills of 5-yr mean
490 SIC (Fig. 8c-d) probably due to large interannual variations of the Antarctic SIC. The



491 SPEAR_LO_DRF has significant skills in predicting the low-frequency sea ice variability in
492 the Antarctic seas.

493 To further demonstrate the spatio-temporal evolution of prediction skills in the
494 SPEAR_LO_DRF, we calculated the ACCs of the 5-yr mean SIC anomalies in the pan-
495 Antarctic region and the Weddell Sea as a function of lead times (Fig. 9a-b). The ACCs of the
496 pan-Antarctic SIC anomalies in the SPEAR_LO_DRF are significantly higher than those in
497 the persistence prediction for any lead times from 1-5 years to 6-10 years (Fig. 9a). A few
498 ensemble members have low ACCs comparable to the persistence prediction, but the ACCs of
499 the ensemble mean SIC anomalies are high at around 0.4-0.6. We obtain similar results for the
500 ACCs of the SIC anomalies in the Weddell Sea (Fig. 9b), but the ACCs become insignificant
501 after a lead time of 6-10 years. Overall, the ACCs in the Weddell Sea are lower than those in
502 the pan-Antarctic region.

503 Since the ACCs do not evaluate skills for the amplitude of the predicted anomalies, we
504 calculated time series of the 5-yr running mean SIC anomalies in the pan-Antarctic region and
505 the Weddell Sea for different lead times from 1-5 years to 6-10 years (Fig. 9c-d). The
506 SPEAR_LO_DRF well captures the observed SIC anomalies in the pan-Antarctic region (Fig.
507 9c), but the experiment with a lead time of 1-5 years overestimates the negative SIC anomalies
508 observed in the 1980s. As the lead time increases toward 6-10 years, the amplitude of negative
509 SIC anomalies predicted in the model becomes closer to that of the observed anomalies. The
510 predicted SIC anomalies return to neutral at around 2000 and become positive afterwards,
511 although the model underestimates the positive SIC anomalies observed in the early 2010s. We
512 find a similar multidecadal SIC variability in the Weddell Sea (Fig. 9d), but the observed SIC
513 anomalies largely fluctuate on a shorter timescale, so the model cannot capture positive SIC
514 anomalies in the early 1990s and negative SIC anomalies in the mid-1970s and late 1990s. This
515 motivates us to explore the predictability of the low-frequency sea ice variability focusing on
516 the pan-Antarctic region.

517 The temporal evolution of the pan-Antarctic SIC anomalies in the SPEAR_LO_DRF
518 (Fig. 10a) shows that positive and negative SIC anomalies predicted at a lead time of 1-5 years
519 tend to persist over five years up to a lead time of 6-10 years. Negative SIC anomalies predicted
520 in the 1980s for a lead time of 1-5 years gradually weaken as the lead time increases, but remain
521 to have the same sign in the late 1980s and early 1990s for a lead time of 6-10 years. The
522 negative SIC anomalies in the late 1980s and early 1990s for a lead time of 6-10 years are
523 associated with positive zonal wind anomalies and negative meridional wind anomalies (Fig.
524 10b-c). The stronger westerly acts to induce northward Ekman current anomalies on



525 interannual and shorter timescales, but on decadal and longer timescales, the associated
526 upwelling of warm water from the subsurface ocean tends to reduce the SIC (Ferreira et al.,
527 2015). Also, the northerly wind anomalies contribute to the SIC decrease by bringing more
528 warm air from the north during the period. The wind stress curl (Fig. 10d) shows positive
529 anomalies in the 1980s for a lead time of 1-5 years and also in the late 1980s and early 1990s
530 for a lead time of 6-10 years. However, the positive wind stress curl anomalies tend to weaken
531 the upwelling of warm water from the subsurface ocean and decrease the upper ocean
532 temperature. This is inconsistent with sea ice decrease during that period. The westerly
533 anomalies in the late 1980s and early 1990s for a lead time of 6-10 years are associated with a
534 positive phase of the SAM (Fig. 10e), while the IPO index changes from the positive to
535 negative values (Fig. 10f). The closer link of the surface wind variability with the SAM is
536 consistent with the previous discussion in the Weddell Sea (Fig. 3b). The net surface heat flux
537 (Fig. 10g) also shows negative anomalies in the 1980s and early 1990s for all lead times. This
538 represents more heat release from the ocean surface as a result of the sea ice decrease. We
539 obtain similar but opposite processes for the positive SIC anomalies after the 2000s.

540 To elucidate a potential role of ocean variability, we plotted temporal evolution of 5-yr
541 running mean anomalies of predicted ocean variables (Fig. 11). The Southern Ocean SST (Fig.
542 11a) shows positive anomalies in the 1980s for a lead time of 1-5 years and in the late 1980s
543 and early 1990s for a lead time of 6-10 years. This represents persistence of the predicted SST
544 anomalies over five years. The positive SST anomalies are strongly accompanied by positive
545 mixed-layer depth anomalies (Fig. 11c) and positive deep convection anomalies (Fig. 11e) in
546 the 1980s for lead times between 1-5 years and 3-7 years. As explained earlier, the stronger
547 deep convection and the associated deeper mixed layer may contribute to the positive SST
548 anomalies by entraining warm water from the subsurface ocean into the surface mixed layer.
549 During that period, SSS anomalies (Fig. 11b) are positive in association with the positive
550 anomalies of the net salt flux into the ocean (Fig. 11d). Precipitation minus evaporation
551 corresponding to the net surface water flux into the ocean (Fig. 11f) also shows negative
552 anomalies in the 1980s. This represents more evaporation from the ocean surface as a result of
553 sea ice decrease. Given that the amplitude of the freshwater flux anomalies is much larger than
554 the salt flux anomalies, the evaporation from the ocean surface contributes more to the SSS
555 increase in the 1980s. In addition to the effect of surface evaporation, the stronger deep
556 convection and deepening of the mixed layer help increase the SSS during that period. We
557 obtain similar but opposite processes for the sea ice increase after the 2000s, but the deep
558 convection anomalies remain positive until the early 2000s, which cannot explain a shallower



559 mixed layer. More freshwater input (Fig. 11f) or anomalous heat input (Fig. 10g) into the
560 surface mixed layer may contribute to the shallower mixed layer. This indicates more active
561 roles of atmosphere-ocean interaction near the surface than the deep convection variability.

562 To further examine possible links with atmosphere and ocean variability among
563 ensemble members, we calculated the temporal evolution of inter-member correlations
564 between the SIC anomalies for a lead time of 6-10 years and the SST anomalies for each lead
565 time from 1-5 years to 6-10 years (Fig. 12a). The SIC anomalies predicted at a lead time of 6-
566 10 years show significantly negative correlations with the SST anomalies in the 1980s for a
567 lead time of 1-5 years. This means that ensemble members with larger positive SST anomalies
568 in the 1980s tend to predict larger negative SIC anomalies five years later. Zonal and
569 meridional wind stress anomalies (Fig. 12b-c) show significantly negative and positive
570 correlations with the SIC anomalies, respectively, as expected from the ensemble mean results
571 (Fig. 10b-c). However, the links with the wind stress curl anomalies (Fig. 12d) are much weaker.
572 On the other hand, the mixed-layer depth and deep convection anomalies in the 1980s predicted
573 at a lead time of 1-5 years (Fig. 12e-f) show significantly negative correlations with the SIC
574 anomalies for a lead time of 6-10 years. This indicates that ensemble members with a stronger
575 deep convection and a deeper mixed layer than the ensemble mean tend to predict a larger sea
576 ice decrease five years later and vice versa. However, the links with deep convection becomes
577 weaker after the 2000s when the sea ice anomalously increases. These results suggest that
578 subsurface ocean variability contributes to skillful and long lead-time prediction of sea ice
579 decrease in the 1980s, while atmosphere-ocean interaction near the surface plays more
580 important roles in predicting sea ice increase after the 2000s.

581

582 **4. Summary and Discussion**

583 This study has examined the relative importance of the Southern Ocean deep
584 convection and surface winds in the Antarctic sea ice multidecadal variability and predictability
585 using the GFDL SPEAR_LO model. Observed SIE anomalies show a multidecadal variability
586 with a low sea ice state (late 1970s-1990s) and a high sea ice state (2000s-early 2010s). The
587 increasing SIE trend from the late 1990s to the early 2010s is reported in many studies (e.g.,
588 Yuan et al. 2017; Parkinson 2019), and this is in contrast to a significant SIE decrease in the
589 early and middle twentieth century, estimated from century-long SIE reconstructed data (Fogt
590 et al. 2022). These results suggest that a low-frequency variability beyond a decade exists in
591 the Antarctic SIE.



592 When the SPEAR_LO model is constrained with atmospheric reanalysis winds and
593 temperature and observed SST (i.e., SPEAR_LO_DCIS), the model reproduces the overall
594 observed multidecadal variability of the Antarctic SIE. The broad SIE decrease in the Southern
595 Ocean from the late 1970s to the 1990s mainly occurred in the Weddell Sea. This is driven by
596 a stronger deep convection in the Southern Ocean and the associated warming of the upper
597 ocean, which have not been well explored in previous studies on the Weddell Sea variability
598 (Venegas and Drinkwater, 2001; Hellmer et al., 2009; Murphy et al., 2014; Morioka and
599 Behera, 2021). We have also demonstrated that the Southern Ocean deep convection may play
600 a role in the skillful prediction of the Antarctic sea ice decrease from the late 1970s to the 1990s.
601 Ensemble members with stronger (weaker) deep convection than the ensemble mean tend to
602 predict deeper (shallower) mixed layer, higher (lower) SST and larger (smaller) sea ice
603 decrease in the 1980s. Our results are in good agreement with a previous study by Zhang et al.,
604 (2019). They have demonstrated that a gradual weakening of the deep convection in their
605 CGCM simulation initiated from an active phase of the deep convection is the key to a realistic
606 representation of the Southern Ocean cooling and the associated Antarctic SIE increase in
607 recent decades.

608 The SPEAR_LO_DCIS well captures the observed multidecadal variability of the
609 Antarctic SIE (Fig. 2), but overestimates the SIE decrease in the Weddell Sea around the 1980s
610 (Fig. 2b). In the 1970s, the Weddell Sea experienced three consecutive polynya events during
611 austral winters between 1974 and 1976 in observations. Strengthening of westerly winds and
612 the associated stronger deep convection bring more warm water to the surface and cause
613 significant sea ice loss in the Weddell Sea (Cheon et al., 2014, 2015). Since the model is
614 constrained with atmospheric reanalysis winds and temperature and observed SST, the
615 overestimation of the SIE decrease in the Weddell Sea is attributed to that of the deep
616 convection in the model. In fact, the simulated ocean temperature anomalies in the
617 SPEAR_LO_DCIS (Fig. 4b) are larger than the observed temperature anomalies (Fig. 4a),
618 although the observed temperature may have some uncertainty due to an insufficient number
619 of subsurface ocean observations. Consistently, ensemble members with weaker deep
620 convection than the ensemble mean tend to capture a smaller SIE decrease than that observed
621 in the Weddell Sea (Fig. 2b). Therefore, realistic simulation of the Southern Ocean deep
622 convection is the key for reproducing the Antarctic SIE decrease from the late 1970s.

623 The use of convective models may be helpful for accurate simulation and prediction of
624 the SIE decrease in the 1980s and the increasing SIE trend afterwards. For example, using a
625 ‘non-convective’ CGCM that cannot simulate open water deep convection in the Southern



626 Ocean where the wintertime mixed-layer depth exceeds 2000 m (de Laverage et al., 2014),
627 Blanchard-Wrigglesworth et al. (2021) demonstrated that even with the surface winds and SST
628 initializations in the Southern Ocean, the model could not reproduce the Antarctic SIE decrease
629 in the 1980s and did not well capture the increasing SIE trend afterwards. They have suggested
630 that the results may be conditioned by the feature of the model that does not simulate the deep
631 convection in the Southern Ocean, while some of the model failure in simulating the increasing
632 sea ice trend may be due to the model biases in the sea ice drift velocity (Sun and Eisenman
633 2021). Therefore, in this study, we used the SPEAR_LO model that is classified as a
634 ‘convective’ model (de Laverage et al., 2014) to demonstrate the role of deep convection in the
635 low-frequency sea ice variability.

636 A recent study by Zhang et al. (2022a) has reported that the SPEAR_MED model
637 (Delworth et al., 2020) with a higher atmospheric resolution tends to simulate a weaker deep
638 convection variability in the Southern Ocean than the SPEAR_LO model. The standard
639 deviation of 5-yr running mean SIC anomalies from the 1000-yr SPEAR_LO control
640 simulation (SPEAR_LO_CTL) with the preindustrial atmospheric radiative forcings (Fig. 13a)
641 is larger in the Pacific and Atlantic sectors than that from the SPEAR_MED control simulation
642 (SPEAR_MED_CTL; Fig. 13b). This makes the SIC variability in the SPEAR_MED_CTL
643 closer to the observed one (Fig. 1c) and appears to have links to smaller mixed-layer depth
644 variability in the SPEAR_MED_CTL (Fig. 13d) than in the SPEAR_LO_CTL (Fig. 13c). The
645 weaker deep convection variability in the SPEAR_MED_CTL appears to contribute to the
646 weaker mixed-layer variability and hence the weaker sea ice variability. Decadal reforecasts
647 using the SPEAR_MED model may demonstrate more reasonable prediction skills of the
648 Antarctic sea ice low-frequency variability than those using the SPEAR_LO model, and this is
649 our future work.

650 This study has further identified that the Southern Ocean deep convection gradually
651 weakens after the 1990s and the surface wind variability starts to play a greater role in the
652 Antarctic SIE increase after the 2000s. Weakening of the deep convection may be attributed to
653 both an internal Southern Ocean multidecadal variability (Zhang et al., 2021) and a surface
654 freshening owing to anthropogenic forcings (de Lavergne et al., 2014). On the other hand, more
655 frequent occurrence of a positive phase of the SAM tends to strengthen the westerly winds and
656 induce northward transport of cold water and sea ice, leading to the Antarctic sea ice increase
657 at a shorter timescale (e.g., J. Yang et al., 2021; Crosta, 2021). In addition, the southerly wind
658 anomalies associated with deepening of the Amundsen Sea Low assist to bring more cold air
659 from the Antarctica and enhance sea ice formation in the Ross Sea (Turner et al., 2016; Meehl



660 et al., 2016). Although the sources of decadal predictability remain unclear, skillful prediction
661 of the Antarctic SIE increase after the 2000s, which is not well reproduced in most of CMIP5
662 models (Polvani and Smith, 2013; Yang et al., 2016), requires better representation of
663 atmospheric circulation variability as well as ocean and sea ice variability in the Southern
664 Ocean (Morioka et al., 2022).

665 The Antarctic SIE has experienced a slightly increasing trend over the past decades
666 (Yuan, 2017; Parkinson, 2019). However, it has suddenly declined since 2016, reached a record
667 low in 2017, and the negative anomalies remained afterwards. Several studies attributed the
668 recent sea ice decrease to various factors including the upper Southern Ocean warming (Meehl
669 et al., 2019; Zhang et al., 2022b), the anomalous warm air advection from the north (Turner et
670 al. 2017; Wang et al. 2019), and the weakening of the midlatitude westerlies (Stuecker et al.,
671 2017; Schlosser et al., 2018; Wang et al., 2019). However, it is unclear whether the sea ice
672 decrease reflects an interannual variability or a part of low-frequency variability beyond a
673 decade, owing to a short observation record. We need to wait for this to be verified using more
674 observational data when it becomes available in the future.

675

676 **Code Availability**

677 All codes to generate the figures can be provided upon the request to the corresponding author.

678

679 **Data Availability**

680 Monthly SIC data from the HadISST1 and HadISST2 can be obtained from here:
681 <https://www.metoffice.gov.uk/hadobs/hadisst/data/download.html> and
682 <https://www.metoffice.gov.uk/hadobs/hadisst2/data/download.html>, respectively. Another
683 monthly SIC data from the NOAA/NSIDC Climate Data Record website is also available here:
684 <https://nsidc.org/data/G02202/versions/4>. Monthly ocean temperature and salinity data are
685 downloaded from the EN4 website: <https://www.metoffice.gov.uk/hadobs/en4/download.html>.

686

687 **Author Contributions**

688 Y. M. performed data analysis and wrote the first draft of the manuscript, while L. Z. provided
689 the reconstructed data and X. Y. and F. Z. performed the model experiments. All authors
690 commented on previous versions of the manuscript and approved the final manuscript.

691

692 **Competing Interests**



693 The authors declare that they have no conflict of interest.

694

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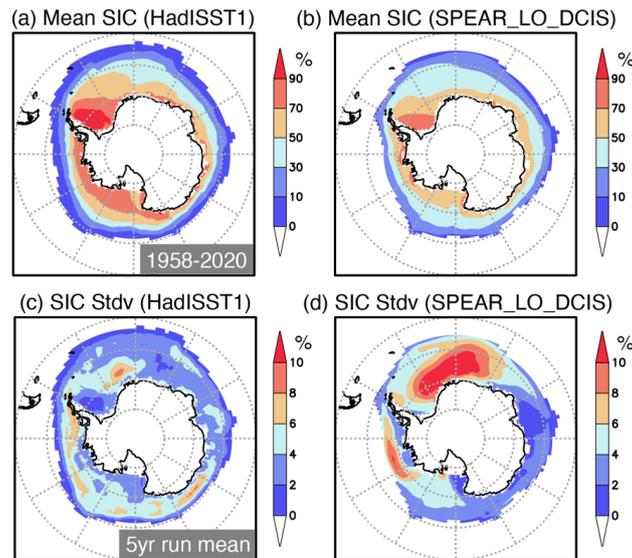
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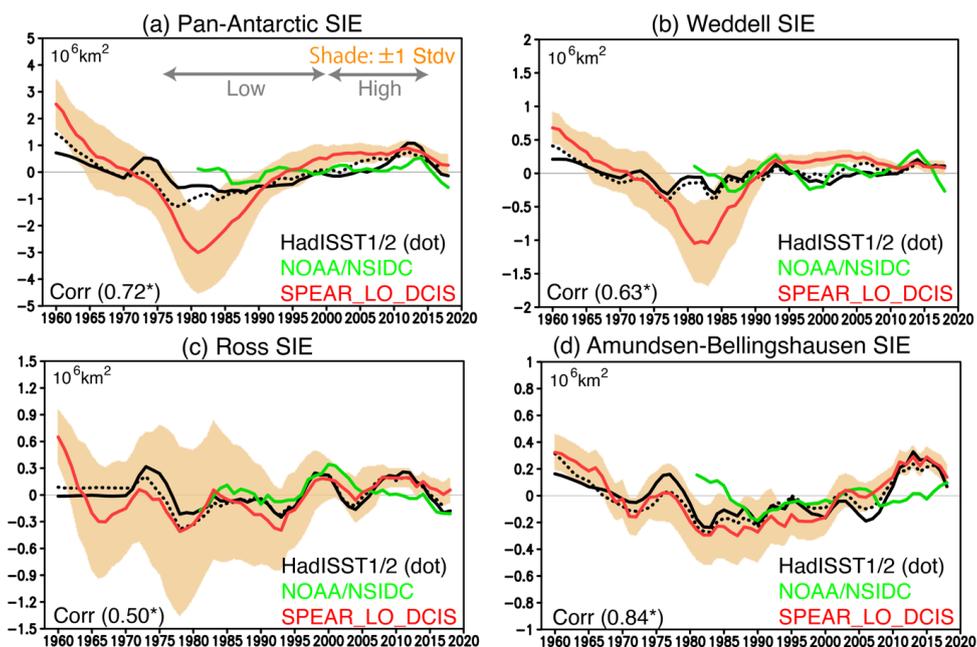
1023 **Figures**



1024

1025 **Figure 1** (a) Annual mean sea ice concentration (SIC in %) observed during 1958-2020. (b)
1026 Same as in (a), but for the simulated SIC from the SPEAR_LO_DCIS. (c) Standard deviation
1027 of 5-yr running mean SIC (in %) observed during 1958-2020. (d) Same as in (c), but for the
1028 simulated SIC from the SPEAR_LO_DCIS.

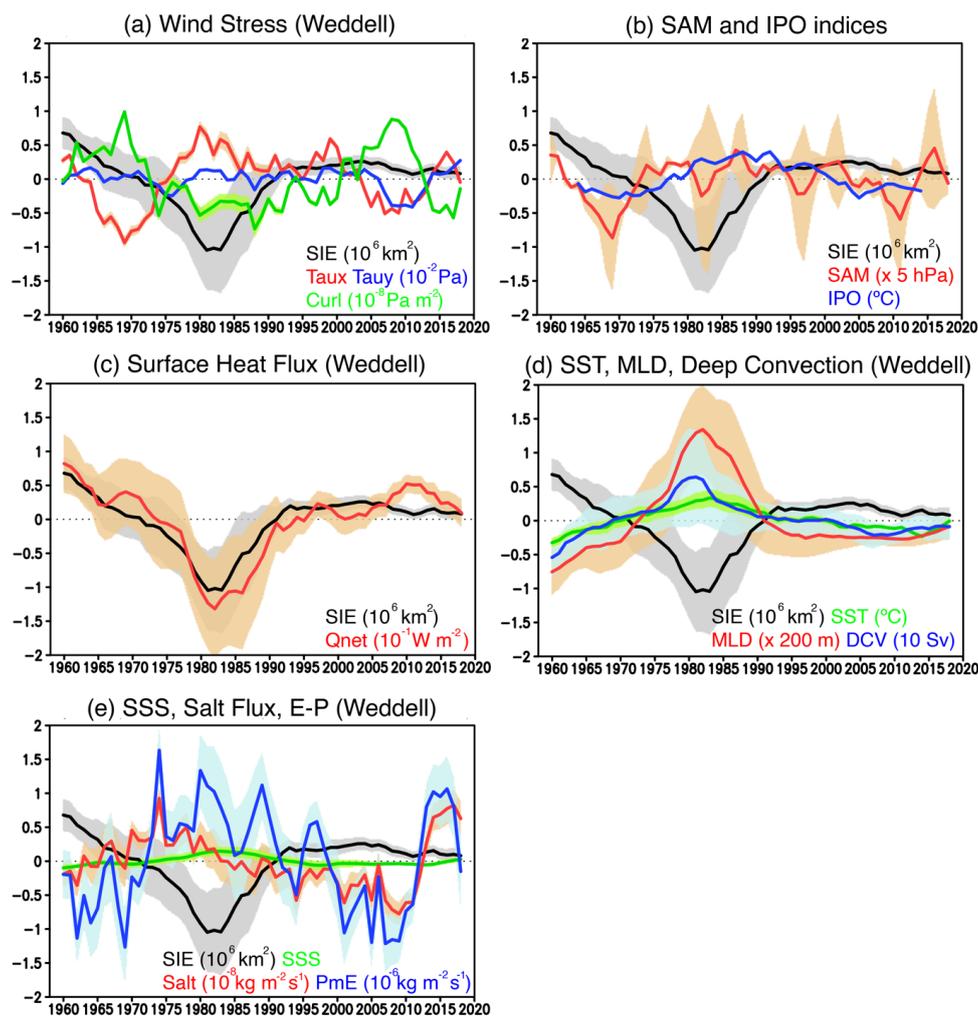
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1031 **Figure 2 (a)** Time series of 5-yr running mean sea ice extent (SIE in 10^6 km^2) anomalies in the
 1032 pan-Antarctic region during 1958-2020. Observations from the HadISST1 (black solid line),
 1033 HadISST2 (black dotted line) and the NOAA/NSIDC (green line) are shown, whereas the
 1034 SPEAR_LO_DCIS is shown with a red line. Orange shades indicate one and minus one
 1035 standard deviations of the SIE anomalies simulated from 30 ensemble members of
 1036 SPEAR_LO_DCIS. Gray arrows correspond to a low sea ice period (late 1970s-1990s) and a
 1037 high sea ice period (2000s-early 2010s). Correlation coefficient between the HadISST1 and the
 1038 SPEAR_LO_DCIS is shown in the bottom left where the asterisk indicates the statistically
 1039 significant correlation at 90 % confidence level using Student's *t*-test. **(b-d)** Same as in **(a)**, but
 1040 for the SIE anomalies in the Weddell Sea ($60^\circ\text{-}0^\circ\text{W}$), Ross Sea ($180^\circ\text{-}120^\circ\text{W}$), and Amundsen-
 1041 Bellingshausen Sea ($120^\circ\text{-}60^\circ\text{W}$), respectively.

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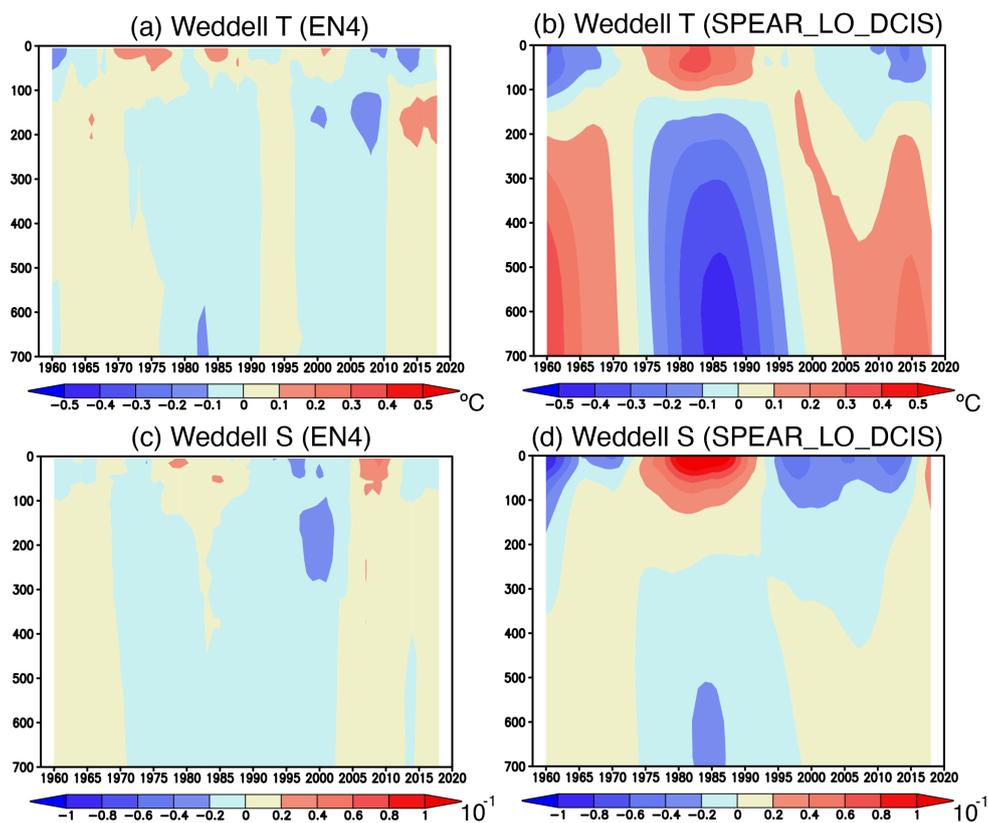


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1044 **Figure 3** (a) Time series of 5-yr running mean SIE (black line in 10^6 km^2), zonal (Taux; red
 1045 line in 10^{-2} Pa) and meridional (Tauy; blue line in 10^{-2} Pa) wind stress, and wind stress curl
 1046 (Curl; green line in $10^{-8} \text{ Pa m}^{-2}$) anomalies averaged in the Weddell Sea during 1958-2020.
 1047 Shades indicate one and minus one standard deviations of the anomalies from 30 ensemble
 1048 members of the SPEAR_LO_DCIS. Positive wind stress curl anomalies correspond to
 1049 downwelling anomalies in the ocean. (b) Same as in (a), but for the 5-yr running mean SAM
 1050 index (red line in 5 hPa) and 13-yr running mean IPO index (blue line in $^{\circ}\text{C}$). (c) Same as in
 1051 (a), but for the SIE (black line in 10^6 km^2) and the net surface heat flux (Qnet; red line in 10^{-1}
 1052 W m^{-2}) anomalies. Positive surface heat flux anomalies correspond to more heat going into the
 1053 ocean. (d) Same as in (a), but for the SIE (black line in 10^6 km^2), sea surface temperature (SST;
 1054 green line in $^{\circ}\text{C}$), mixed-layer depth (MLD; red line in 200 m), and deep convection (DCV;



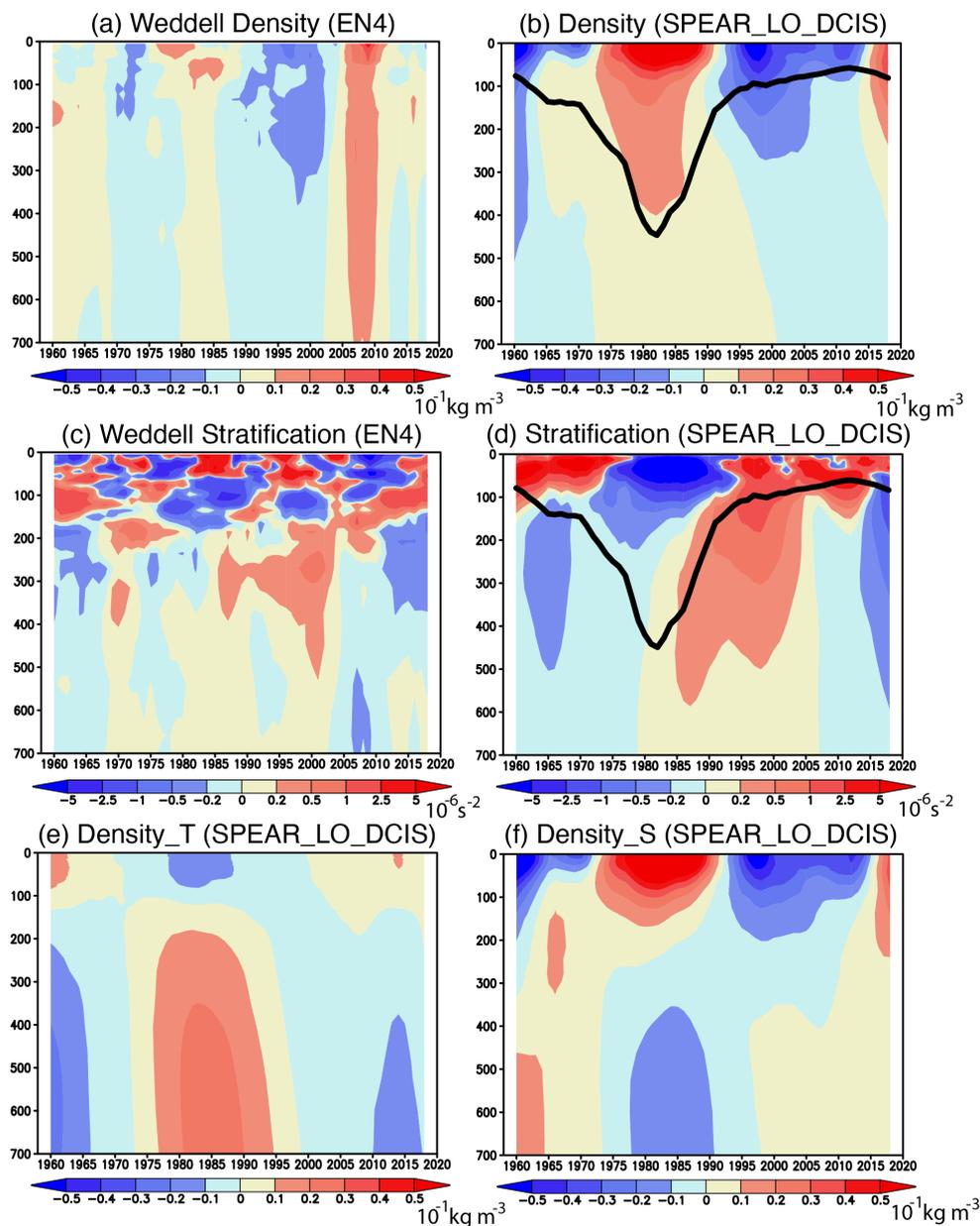
1055 blue line in 10 Sv) anomalies. **(e)** Same as in **(a)**, but for the SIE (black line in 10^6 km²), sea
1056 surface salinity (SSS; green line in PSU), salt flux (Salt; red line in 10^{-8} kg m⁻² s⁻¹), and
1057 precipitation minus evaporation (PmE; blue line in 10^{-6} kg m⁻² s⁻¹) anomalies. Positive salt flux
1058 anomalies correspond to anomalous salt going into the ocean at the surface associated with sea
1059 ice formation, whereas the positive PmE anomalies mean more freshwater going into the ocean.
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1062 **Figure 4** (a) Temporal evolution of 5-yr running mean ocean temperature (in °C) anomalies
1063 averaged in the Weddell Sea as a function of depth (in m). (b) Same as in (a), but for the ocean
1064 temperature anomalies simulated from the SPEAR_LO_DCIS. (c) Temporal evolution of
1065 ocean salinity (in 10^{-1} PSU) anomalies averaged in the Weddell Sea as a function of depth (in
1066 m). (d) Same as in (a), but for the ocean salinity anomalies simulated from the
1067 SPEAR_LO_DCIS.

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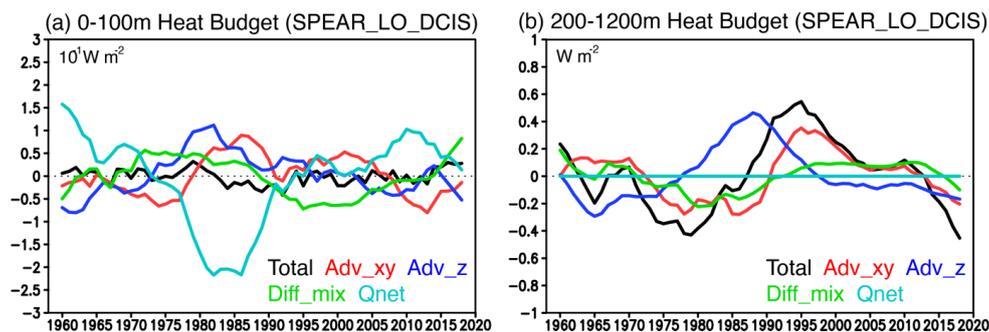


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1070 **Figure 5** (a) Temporal evolution of 5-yr running mean ocean density anomalies (in $10^{-1} \text{ kg m}^{-3}$)
1071 averaged in the Weddell Sea from the EN4 as a function of depth (in m). (b) Same as in (a),
1072 but for the SPEAR_LO_DCIS. A black line indicates a mixed-layer depth at which the ocean
1073 density increases by 0.03 kg m^{-3} from the one at the ocean surface. (c) Same as in (a), but for
1074 the ocean stratification (squared Brunt-Väisälä frequency in 10^{-6} s^{-2}) anomalies. Positive
1075 stratification anomalies indicate a higher stability of sea water. (d) Same as in (c), but for the



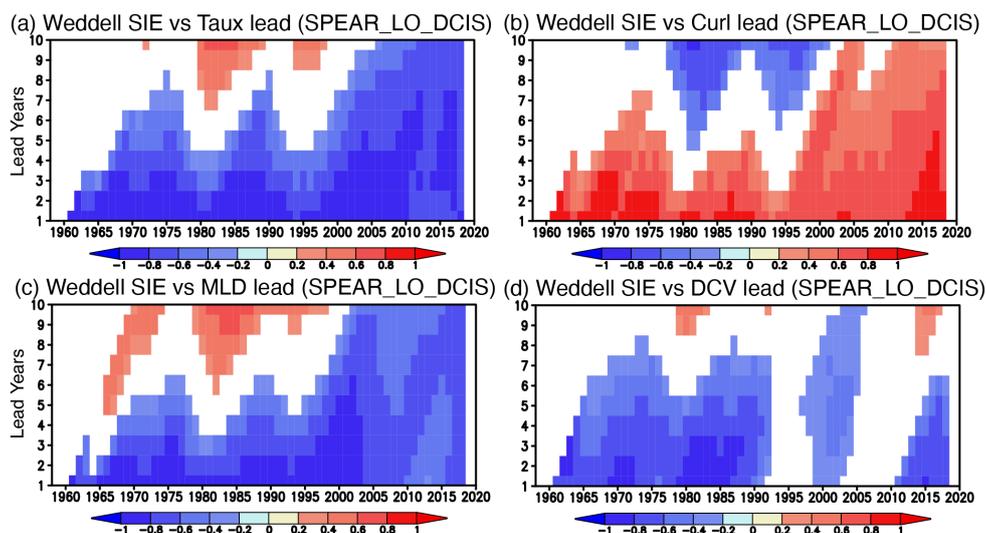
1076 SPEAR_LO_DCIS. A black line indicates a mixed-layer depth at which the ocean density
1077 increases by 0.03 kg m^{-3} from the one at the ocean surface. **(e)** Same as in **(b)**, but for the ocean
1078 density anomalies (in $10^{-1} \text{ kg m}^{-3}$) driven by the ocean temperature anomalies independent of
1079 the ocean salinity anomalies. **(f)** Same as in **(b)**, but for the ocean density anomalies (in 10^{-1} kg
1080 m^{-3}) driven by the ocean salinity anomalies independent of the ocean temperature anomalies.
1081



1082

1083 **Figure 6 (a)** Time series of 5-yr running mean ocean heat budget (in 10^{-1} W m^{-2}) anomalies in
1084 the upper 0-100 m of the Weddell Sea from the SPEAR_LO_DCIS. Total ocean heat tendency
1085 (Total; black line), horizontal advection (Adv_xy; red line), vertical advection (Adv_z; blue
1086 line), mesoscale diffusion and dianeutral mixing (Diff_mix; green line), and net surface heat
1087 flux (Qnet; light blue line) anomalies are shown, respectively. **(b)** Same as in **(a)**, but for the
1088 ocean heat budget (in W m^{-2}) anomalies in the upper 200-1200 m of the Weddell Sea from the
1089 SPEAR_LO_DCIS.

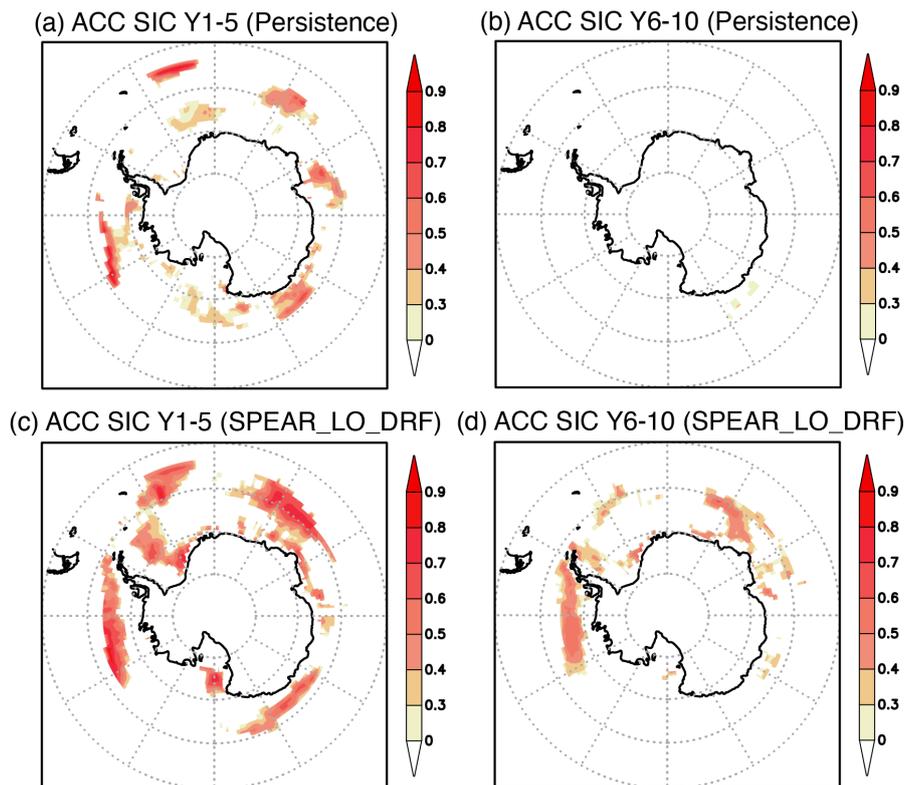
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1092 **Figure 7** (a) Temporal evolution of inter-member correlation between the 5-yr running mean
1093 SIE anomalies and the 5-yr running mean zonal wind stress (Taux) averaged in the Weddell
1094 Sea from 30 ensemble members of the SPEAR_LO_DCIS as a function of lead years. Positive
1095 lead years (Y-axis) mean that the Taux anomalies lead the SIE anomalies by the number of
1096 years. Correlation coefficients that are statistically significant at 90 % using Student's *t*-test are
1097 shown in color. (b) Same as in (a), but for the inter-member correlation between the SIE
1098 anomalies and the wind stress curl (Curl) anomalies. (c) Same as in (a), but for the inter-
1099 member correlation between the SIE anomalies and the mixed-layer depth (MLD) anomalies.
1100 (d) Same as in (a), but for the inter-member correlation between the SIE anomalies and the
1101 deep convection (DCV) anomalies.

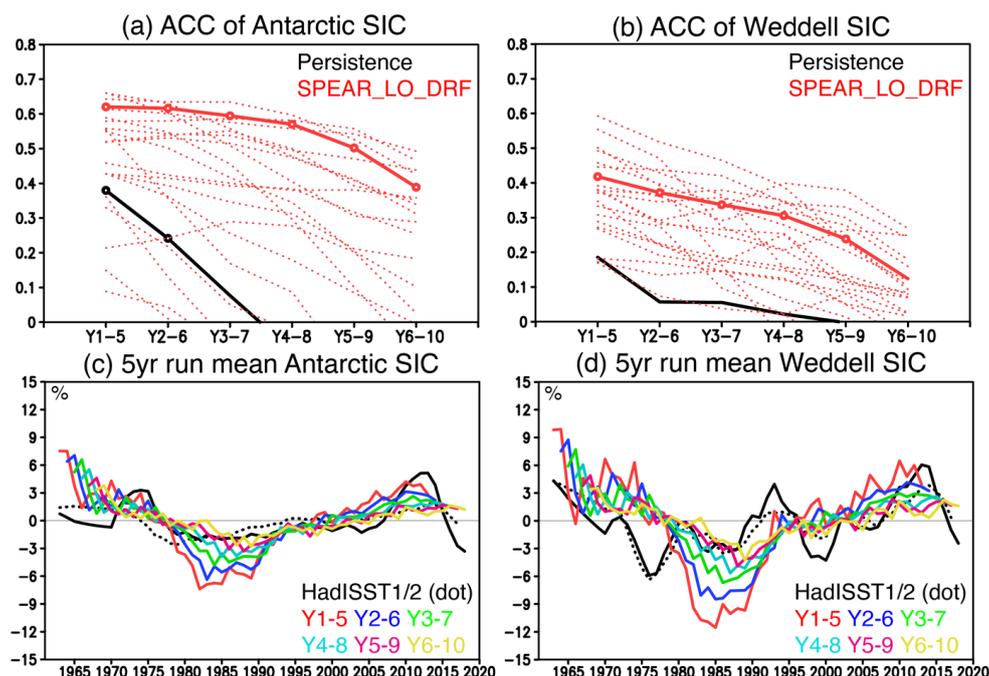
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1104 **Figure 8 (a)** Anomaly correlation (ACC) of the SIC anomalies from the persistence prediction
1105 at a lead time of 1-5 years. Positive ACCs that are statistically significant at 90 % using the
1106 Student's *t*-test are colored. **(b)** Same as in **(a)**, but for the ACC from the persistence prediction
1107 at a lead time of 6-10 years. **(c)** Same as in **(a)**, but for the ACC between the observed SIC
1108 anomalies and the ensemble mean SIC anomalies predicted at a lead time of 1-5 years in the
1109 SPEAR_LO_DRF. **(d)** Same as in **(c)**, but for the ACCs of the ensemble mean SIC anomalies
1110 predicted at a lead time of 6-10 years in the SPEAR_LO_DRF.

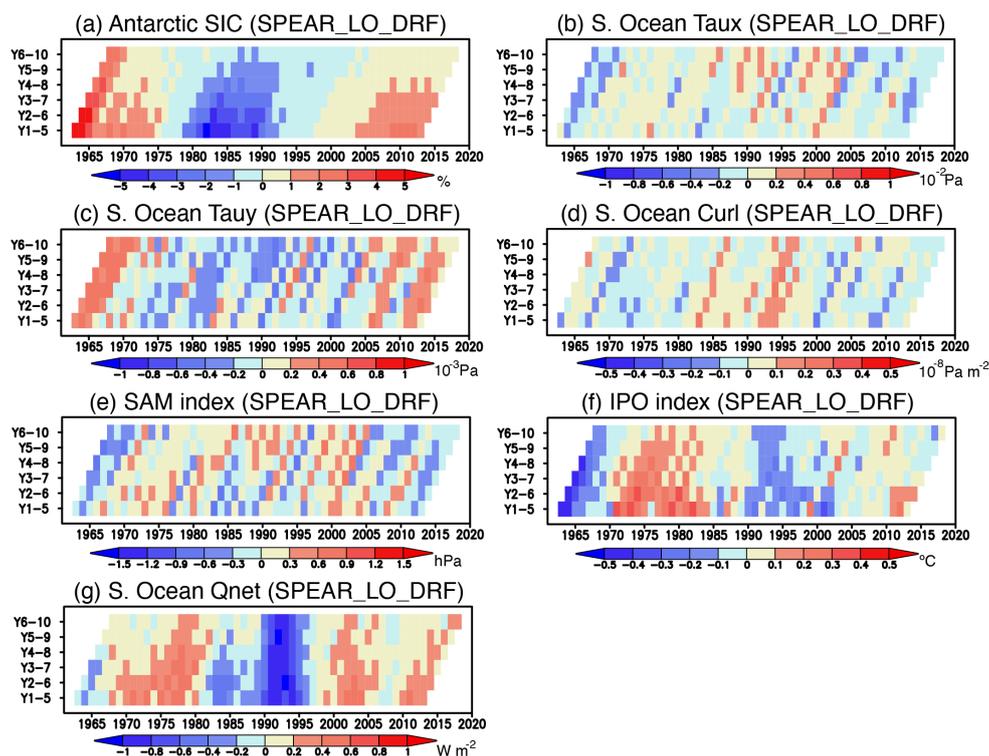
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1113 **Figure 9** (a) ACCs of ensemble mean pan-Antarctic SIC anomalies predicted at lead times
 1114 from 1-5 years to 6-10 years. The ACCs from the persistence prediction (black line) and the
 1115 SPEAR_LO_DRF (red lines) are shown, respectively. Red dotted lines correspond to the ACCs
 1116 for each of 20 ensemble members. The ACCs that are statistically significant at 90 % using
 1117 Student's *t*-test are described with open circles. (b) Same as in (a), but for the ACCs of the SIC
 1118 anomalies averaged in the Weddell Sea. (c) Time series of 5-yr running mean pan-Antarctic
 1119 SIC (in %) anomalies during 1961-2020. Black lines show the observed SIC anomalies from
 1120 the HadISST1 (solid line) and HadISST2 (dotted line), whereas other colored lines correspond
 1121 to the ensemble mean SIC anomalies predicted at lead times from 1-5 years to 6-10 years in
 1122 the SPEAR_LO_DRF. (d) Same as in (c), but for the SIC anomalies averaged in the Weddell
 1123 Sea.

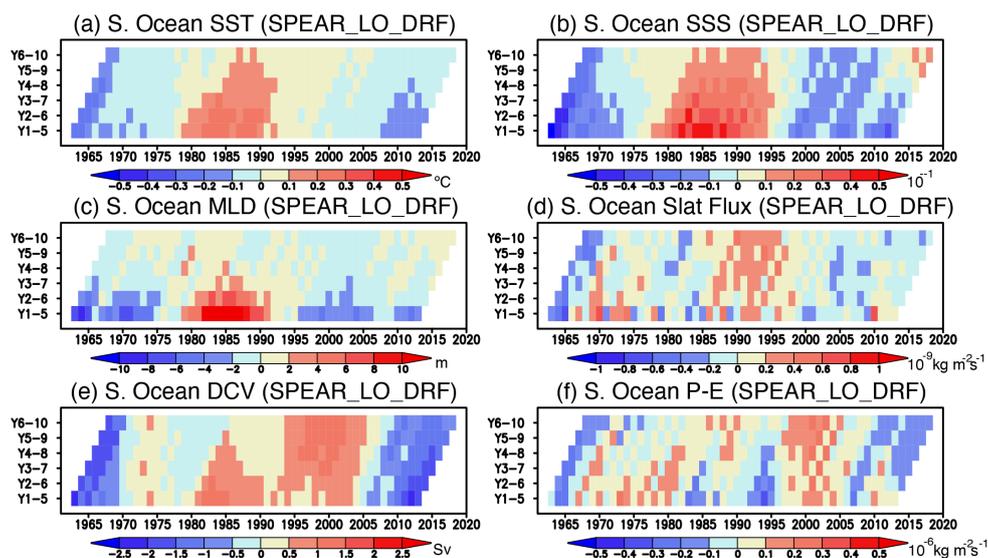
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1126 **Figure 10** (a) Temporal evolution of ensemble mean pan-Antarctic SIC anomalies predicted
1127 at lead times from 1-5 years to 6-10 years in the SPEAR_LO_DRF. (b-d) Same as in (a), but
1128 for the zonal wind stress (Taux; 10^{-2} Pa), meridional wind stress (Tauy; 10^{-3} Pa), and wind
1129 stress curl (Curl; 10^{-8} Pa m^{-2}) anomalies averaged in the Southern Ocean (south of 55° S).
1130 Positive wind stress curl anomalies correspond to downwelling anomalies in the ocean. (e-f)
1131 Same as in (a), but for the SAM (in hPa) and IPO (in $^{\circ}$ C) indices, respectively. (g) Same as in
1132 (b), but for the net surface heat flux anomalies (in $W m^{-2}$). Positive surface heat flux anomalies
1133 indicate more heat going into the ocean.

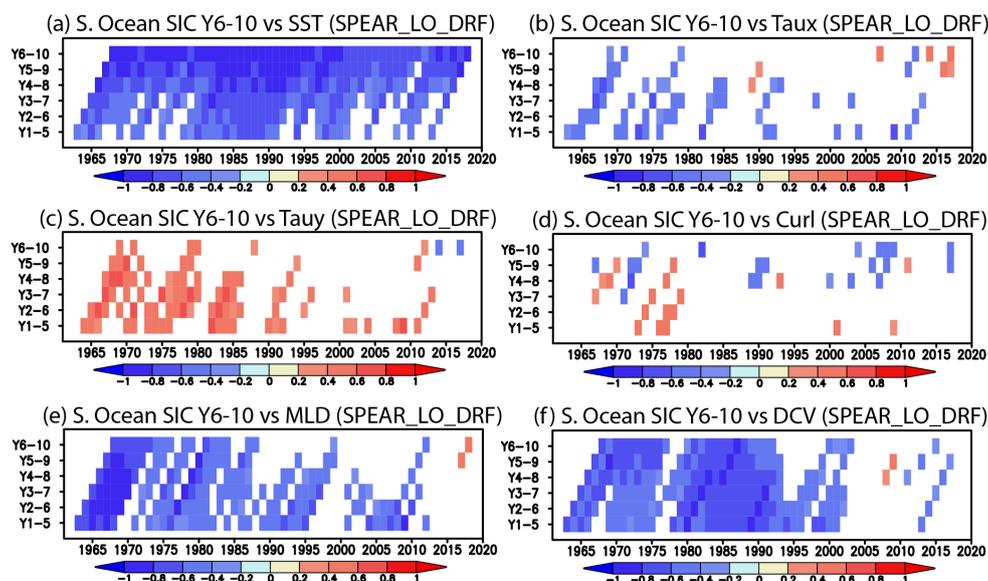
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1136 **Figure 11 (a)** Temporal evolution of ensemble mean Southern Ocean (south of 55°S) SST
1137 anomalies predicted at lead times from 1-5 years to 6-10 years in the SPEAR_LO_DRF. **(b-f)**
1138 Same as in **(a)**, but for the SSS (in 10⁻¹ PSU), mixed-layer depth (MLD; in m), salt flux (in 10⁻⁹
1139 kg m⁻² s⁻¹), deep convection (DCV; in Sv), and precipitation minus evaporation (P-E; in 10⁻⁶
1140 kg m⁻² s⁻¹) anomalies averaged in the Southern Ocean, respectively.

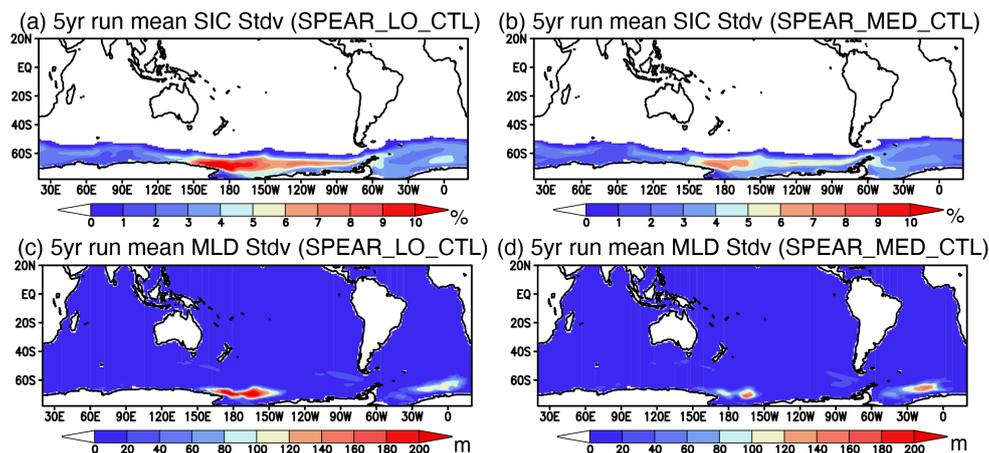
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1143 **Figure 12 (a)** Temporal evolution of inter-member correlation between the pan-Antarctic SIC
1144 anomalies predicted at a lead time of 6-10 years and the Southern Ocean SST anomalies
1145 predicted at lead times from 1-5 years to 6-10 years for the 20 ensemble members of the
1146 SPEAR_LO_DRF. Correlation coefficients that are statistically significant at 90 % using
1147 Student's *t*-test are colored. **(b-f)** Same as in **(a)**, but for the inter-member correlation with the
1148 zonal wind stress, meridional wind stress, wind stress curl, mixed-layer depth, and deep
1149 convection anomalies averaged in the Southern Ocean.

1150



1151

1152 **Figure 13** (a) Standard deviation of 5-yr running mean SIC (in %) anomalies from the
1153 SPEAR_LO_CTL with the preindustrial atmospheric radiative forcings. (b) Same as in (a), but
1154 for the SPEAR_MED_CTL. (c) Standard deviation of 5-yr running mean mixed-layer depth
1155 (MLD, in %) anomalies from the SPEAR_LO_CTL. (d) Same as in (c), but for the
1156 SPEAR_MED_CTL.

1157