



Contribution of ground ice melting to the expansion of Serling Co lake on the Tibetan Plateau

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Abstract. Serling Co lake, surrounded by permafrost and glacier-occupied regions, has exhibited the greatest
increase in water storage over the last 50 years among all the lakes on the Tibetan Plateau. However, increases
15 in precipitation and glacial melting are not enough to explain the increased water volume of lake expansion.
The magnitude of the contribution of thawing permafrost to this increase under climate warming remains
unknown. This study made the first attempt to quantify the water contribution of ground ice melting to the
expansion of Serling Co lake by evaluating the ground surface deformation. We monitored the spatial
distribution of surface deformation in the Serling Co basin using the SBAS-InSAR technique and compared
20 it with the findings of field surveys. Then, the ground ice meltwater volume in the watershed was calculated
based on the long-term deformation rate. Finally, this volume was compared with the lake volume change
during the same period, and the contribution ratio was derived. SBAS-InSAR monitoring during 2017–2020
illustrated widespread and large subsidence in the upstream section of the Zhajiazangbu subbasin, where
widespread continuous permafrost is present. The terrain subsidence was normally between 5 and 20 mm/a,
25 indicating rapid ground ice loss in the region. The ground ice meltwater reached $56.0 \times 10^6 \text{ m}^3/\text{a}$, and the rate
of increase in lake water storage was $496.3 \times 10^6 \text{ m}^3/\text{a}$ during the same period, with ground ice meltwater
contributing 11.3% of the lake volume increase. This study is especially helpful in explaining the rapid
expansion of Serling Co lake and equilibrating the water balance at the watershed scale. More importantly,
the proposed method can be easily extended to other watersheds underlain by permafrost and to help
30 understand the hydrologic changes in these watersheds.

Keywords: surface deformation, SBAS-InSAR, permafrost, ground ice, Serling Co lake, expansion

1. Introduction

More than 1000 lakes on the Tibetan Plateau span an area exceeding 1 km^2 , and the total lake area is greater
than $40,000 \text{ km}^2$ (Wan et al., 2016). The water in most of these lakes is more or less connected with widely
35 distributed glaciers and permafrost. Recent studies indicated that most of the lakes on the Tibetan Plateau



have manifested extensive changes (Qiao et al., 2019; Zhang et al., 2020). In particular, Serling Co (Siling Co) lake exhibited the greatest increases in the lake area and water storage: its lake area expanded by 43% from 1,667 km² in 1976 to 2389 km² in 2017, and its water storage increased by 80% from 309.4 × 10⁸ m³ in 1972 to 558.4 × 10⁸ m³ in 2017 (Yang et al., 2017; Zhu et al., 2019). Its lake area surpassed Nam Co lake in 2014 and is now the second largest saltwater lake in China. Such rapid changes in Serling Co lake have exerted significant effects on the regional environment and have attracted substantial interest within the scientific community.

The entire Serling Co watershed covers a drainage area of 4.4 × 10⁴ km² and hosts 642 glaciers with a total area of 593.1 km² and ice reserves of 36.4 km³ (Bian et al., 2010; Shi et al., 2005). The watershed has a large permafrost distribution, including both continuous permafrost and seasonally frozen ground covering an area of 1.3 × 10⁴ km², with the former being widespread mainly in the northern part of the watershed (Zou et al., 2017). Based on a map of the ground ice distribution across the Qinghai-Tibet Plateau, the ground ice volume in the watershed reaches 132.3 km³ (Zhao and Sheng, 2019). To reveal the potential reasons for the abovementioned rapid expansion of lakes on the plateau, an accurate estimation of the basin water balance is urgent (Lei et al., 2014; Zhang et al., 2017; Li et al., 2014; Song et al., 2014). Glacial meltwater, the thawing of permafrost, precipitation (including snow) and changes in evapotranspiration all contribute to lake recharge. A model simulation of endorheic basins on the Tibetan Plateau showed that increased net precipitation contributed the majority of the water supply (~70%) for the increased lake volume (Zhang et al., 2017). In addition, recent research has revealed that glacial meltwater contributed ~ 10% of the total water input to Serling Co lake since the 1970s (Lei et al., 2013; Tong et al., 2016). The weakening of lake evaporation has also contributed to the accelerated expansion of Serling Co lake to some extent, but this contribution is small (Guo et al., 2019). In contrast, the contribution of thawing permafrost to lake expansion remains poorly quantified.

Significant permafrost degradation has been observed on the Tibetan Plateau under a warming climate. The monitoring of ten boreholes on the Tibetan Plateau revealed that from 1981 to 2018, the active layer thickened at an average rate of 19.5 cm per decade; moreover, this thickening has been accelerating in recent years (Zhao et al., 2020). The thawing of the ice-rich permafrost layer just below the permafrost table releases a certain amount of water into the hydrological cycle (Zhao et al., 2019). Some studies have suggested that permafrost degradation might be a possible source of the water that is causing lakes to expand (Li et al., 2014), but this contribution has yet to be quantified. Under the dramatic hydrometeorological changes observed in recent decades, quantifying the contribution of thawing permafrost is not an easy task. Some researchers calculated the contributions of meltwater from ground ice to surface water runoff by separating hydrographs using isotopes and found that the contribution ranged from 13.2% to 16.7% in the source region of the Yellow River (Yang et al., 2019), and that to nearby thermokarst lakes in the Beiluhe region reached 61.3% (Yang et al., 2016). Some studies estimated the meltwater from permafrost degradation by modeling



the active layer thickening rate and then multiplying the result by the average ground ice content (Zhang et al., 2017).

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The ice content within the uppermost layer of permafrost is typically higher than the saturated water content after this permafrost layer thaws; hence, the thawing of this layer might result in the terrain settlement (Streletskiy et al., 2016; Shiklomanov et al., 2013), slumping, or collapse of the ground surface (Günther et al., 2015; Lantuit and Pollard, 2008; Kokelj and Jorgenson, 2013). Interferometric synthetic aperture radar (InSAR) analysis can exploit the phase changes in SAR signals to determine the relative surface displacement on the order of millimeters to centimeters. Accordingly, InSAR monitoring can detect the terrain subsidence triggered by the thawing of ice-rich permafrost, e.g., (Daout et al., 2020), (Zwieback and Meyer, 2021), (Chen et al., 2018), (Lu et al., 2020), (Liu et al., 2012). Permafrost regions with higher ground ice contents have been shown to produce greater terrain subsidence on the Tibetan Plateau (Wu et al., 2018; Daout et al., 2017; Chen et al., 2018). The long-term subsidence rate is less than 5 mm/a on the northwestern Tibetan Plateau, where the climate is cold and dry (Daout et al., 2017), while it ranges from 3 to 30 mm/a on the ice-rich Eboling Mountain in the northeastern region of the Tibetan Plateau (Chen et al., 2018). Such long-term terrain subsidence in permafrost regions is mostly the consequence of the thawing of the ice-rich permafrost layer under warming climate conditions (Zhao et al., 2019).

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In this study, we present the first attempt to quantify the contribution of melting ground ice to the expansion of the Serling Co watershed. We hypothesize that the long-term ground subsidence in this watershed is related to the subsurface depth of ground ice melting. The spatial distribution of surface deformation was derived through InSAR analysis and compared with the findings of field surveys. Finally, the ground ice meltwater volume in the watershed was compared with the Serling Co lake volume increase, and the contribution ratio was determined.

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2. Study area and data resources

2.1 Study area

The Serling Co watershed, which is in the transitional zone between the Indian monsoon and the westerlies over the Tibetan Plateau, is situated in a cold semiarid monsoon climate with a mean annual temperature of approximately 0°C, an average precipitation of ~350 mm (Tong et al., 2016). From 1979 to 2017, the average annual temperature increased at a rate of 0.049°C/a, and the average annual precipitation increased at a rate of 4.65 mm/a, with the main increase occurring after the mid-1990s (Zhu et al., 2019).

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This watershed basin extends over a total area of approximately 4.4×10^4 km², and the rivers and lakes within the basin are connected, forming an inland lake group. Ngoin Co is located south of Serling Co, while Wuru Co & Qiagui Co are located west of Serling Co; their locations are marked as ② and ③, respectively, in



Fig. 1. The main rivers entering the lake are the Zhajiazangbu (from the north into the lake), Zhagenzangbu (west), Alizangbu (west), and Boquzangbu (east) (Tong et al., 2016), as shown in Fig. 1. The details of the four major subbasins and the inflows of the runoff from these rivers into the lake are listed in Table 1. The Zhajiazangbu river with a length of 409 km originates from the Tanggula Mountains and enters Serling Co lake from the north. Widespread continuous permafrost occurs mainly in the northern part of the basin, whereas sporadic permafrost and seasonally frozen ground are found in the central and southern parts of the watershed. Among the four subbasins, the Zhajiazangbu has the largest permafrost distribution (10667 km², 66.2% of the subbasin area), followed by the Zhagenzangbu (1967 km², 12.3% of the subbasin area) (Zou et al., 2017).

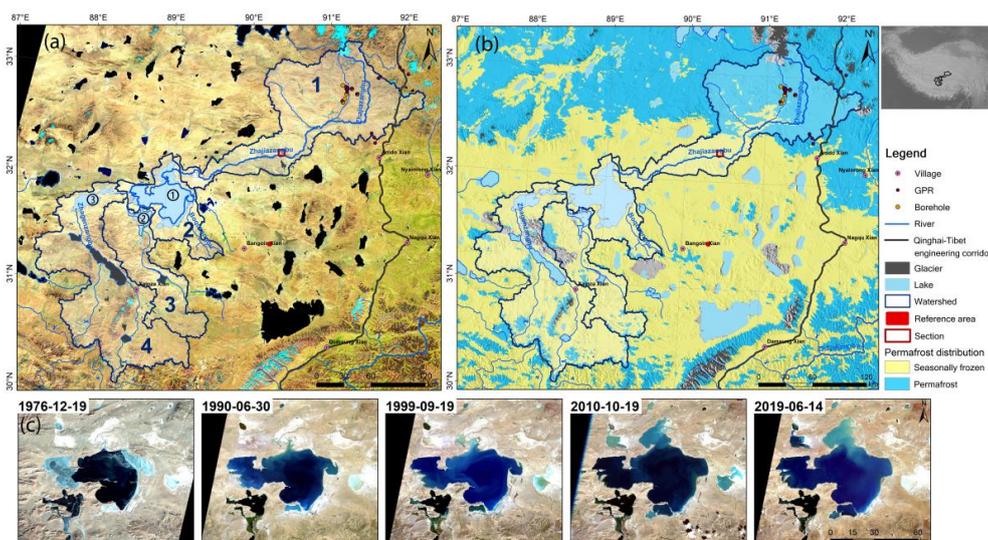


Figure 1 Study area. The base map in Fig. 1(a) is a Landsat 8 image acquired in October 2020 (red: SWIR1, green: NIR, blue: red). The base map in Fig. 1(b) is a permafrost map (Zou et al., 2017); the hillshade is calculated using a 1-arcsec SRTM DEM with the Sentinel-1 incidence angle and azimuth angle. The red dot marks the position of our InSAR reference point. The locations of the GPR surveys and boreholes are shown with dots. Fig. 1(c) shows the lake areas from 1976 to 2019 on Landsat optical images.

Table 1 Characteristics of the Serling Co lake basin.

Basin	Area (km ²)	Ave. elevation (m)	Permafrost coverage			
			Area (km ²)	Percentage of subbasin area (%)	Percentage of entire basin area (%)	
1	Zhajiazangbu subbasin	16112	4963	10667	66.2	24
2	Boquzangbu subbasin	5474	4651	124	2.3	0.3



3	Alizangbu subbasin	6831	4951	646	9.5	1.5
4	Zhagenzangbu subbasin	16019	5022	1967	12.3	4.4
	Entire basin	44437	4944	13404		30.2

2.2 Field data

We conducted a field investigation of the permafrost in the study area during the autumn months of 2019. During the fieldwork, we drilled seven boreholes and carried out ground penetrating radar (GPR) surveys. Boreholes with depths deeper than 20 m were drilled in the upstream section of the Zhajiazangbu subbasin; their locations are marked in Fig. 1, and their descriptions are provided in Table 2. Field photographs of cores at borehole sites SLC01 and SLC04 are shown in Fig. 2.

Twenty 50-m-long GPR profile surveys were carried out within or around the catchment, fourteen of which were within the basin. Based on the fourteen GPR reflection profiles carried out within the basin, the permafrost active layer has a maximum thickness of 4.1 m, a minimum of 2.0 m, and an average value of 3.2 m. The volumetric soil water content in the active layer ranges from a maximum of 46.4% to a minimum of 14.7%, with an average of 22.6% based on GPR interpretation.

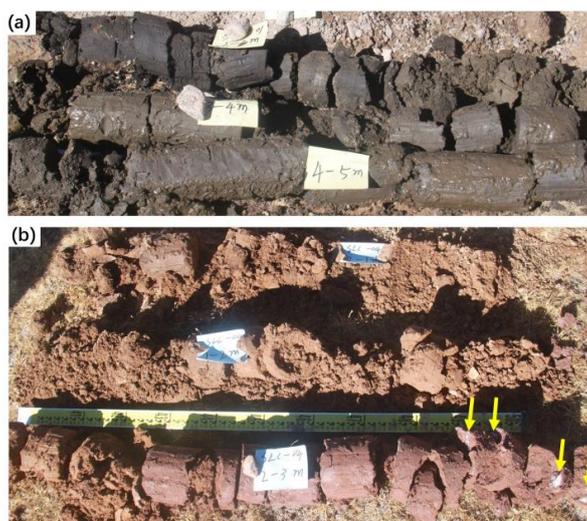


Figure 2 Cores from borehole SLC01 at depths of 2–55 m (a) and SLC04 at depths of 0–3 m (b). Ice blocks were found in SLC04 at a depth of 2.4 m, as indicated by the arrows in (b).

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Table 2 Borehole properties.

Site	Ele. (m)	Type of frozen ground	Permafrost table (m)	Topography	Surface	Development of ground ice
SLC01	4934	permafrost	3.0	floodplain	alpine meadow veg coverage: 40%, surface soil is sandy, dry	Not found
SLC02	4999	permafrost	3.6	river terrace	degraded alpine steppe, sparse vegetation, surface soil is sandy, dry	ice at depths of 3.6–5.5 m
SLC03	4986	permafrost	3.0	river valley	alpine swamp meadow, veg coverage: 90% high water content in the active layer	ice at 2.4–3.0 m, large amounts of liquid water found at 3.0–4.5 m, ice lenses at 4.6–5.1 m
SLC04	4909	permafrost	< 2.4	river valley terrace, approximately 500 m away from the river	alpine swamp meadows veg coverage: 90%	ice at 2.4 m, pure ice layer (~3 cm) at 4.2–4.3 m, and ice lenses at 6–7.7 m
SLC05	4871	seasonally frozen ground	NA	river valley in between two rivers	alpine steppe veg coverage: 30%, surface soil is sandy and contains abundant gravel	Not found
SLC06	5059	permafrost	Unclear	top of slope	alpine meadow veg coverage: 50%, surface soil is sandy and contains abundant gravel	ice at 6–7.8 m
SLC07	4943	permafrost	Unclear	middle of a very gentle slope	degraded alpine meadow, very sparse veg surface soil is sandy and contains abundant gravel, severely salinized	liquid water found at 2.5–6.5 m and a large amount at 2.5–3.5 m

2.3 Sentinel-1 SAR images

150 Sentinel-1 (S1) C-band SAR images (<https://scihub.copernicus.eu/>) were used to monitor the surface deformation. Sentinel-1 is a C-band SAR mission that was launched in 2014 (S1A) and 2016 (S1B). It is a constellation of two satellites orbiting the earth and has been developed and operated by the European Space Agency (ESA) within the Copernicus program. Level 1 single look complex (SLC) images of interferometric



155 wide-swath (IW) mode with VV polarization in the descending orbit were used in the study. The study area covers two orbits of S1 acquisitions, and the details are shown in Table 3. In total, 95 acquisition dates for orbit 48 and 100 acquisition dates for orbit 150 from September 2017 to December 2020 were processed.

Table 3 Information on Sentinel-1 images processed to monitor surface deformation.

	Orbit 48	Orbit 150
Frame	489, 484, 479	490, 485, 480
Incidence angle (degree)	31.85–46.32	31.57–46.27
Acquisition period	2017-09-11 to 2020-12-24	2017-09-05 to 2020-12-30
Number of acquisition dates	95	100

160 **2.4 SRTM DEM**

A 1-arcsecond grid (~30-m) Shuttle Radar Topographic Mission (SRTM) digital elevation model (DEM) was used to calculate the slope and to remove the topographic phase and implement geocoding during InSAR processing.

2.5 ICESat-2 dataset

165 Laser altimetry data of ICESat-2 ATL13 (<https://nsidc.org/data/atl13>) were applied to extract the water surface elevation of the lakes.

2.6 Landsat 8 OLI images

170 Landsat 8 OLI optical images (<https://glovis.usgs.gov/>) were used to detect lake extent changes. Images acquired during autumn or summer with no influence of the cloud were selected. The acquisition dates and path/row of these images are listed in Table 4.

Table 4 Information on the Landsat 8 images used.

Lake	2015	2016	2017	2018	2019	2020
Serling Co	p140r037_20	p139r038_20	p139r038_20	p139r038_20	p139r038_20	p139r038_20
	151117	161112	170928	181001	190614	201006
Ngoi Co	p140r038_20	p139r038_20	p139r038_20	p140r038_20	p140r038_20	p140r038_20
	150930	161112	170928	181109	190925	201013
Wuru Co & Qiagni Co	p140r038_20	p140r038_20	p140r038_20	p140r038_20	p140r038_20	p140r038_20
	150930	161103	171005	181109	190925	201013

“p” denotes the path and “r” denotes the row of the frame

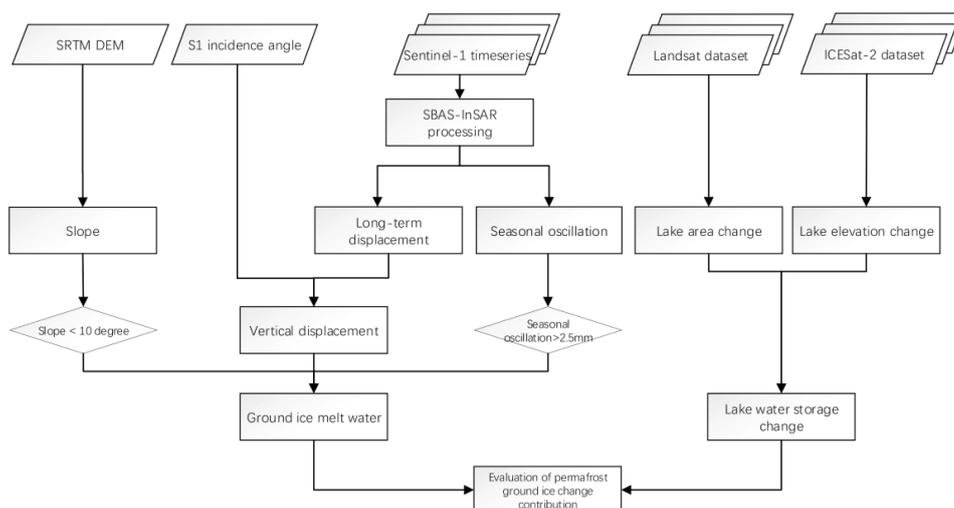
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3 Methodology

3.1 Workflow

An overview of the methodology in this study is illustrated in Fig. 3. The main steps are summarized as i) retrieval of lake water storage changes, ii) retrieval of deformation time series, iii) estimation of the ground ice meltwater volume from the long-term deformation rate, and iv) calculation of the ratio of the water volume contributed by permafrost ground ice melting to the increase in lake water storage. The detailed processing steps are described in the following subsections.



185 **Figure 3 Workflow of estimating the water contribution of permafrost ground ice melting to the expansion of Serling Co lake.**

3.2 Lake water storage change

190 First, we retrieved the surface water level elevation through the laser altimetry ICESat-2 ATL13 product. Data values within the lake area were extracted from 13 October 2018 to the end of 2020. For each year, the mean annual value was calculated from all data acquisitions during the year. The lake water level change rate was then estimated by a linear trend model.

195 Then, we extracted the lake area extent using Landsat 8 OLI images in 2018, 2019, and 2020. Three bands (NIR, SWIR1, and SWIR2) were stacked to extract the lake area because lake water has extremely low reflectance at these bands and thus is easily separated from other land cover types. K-means clustering was then applied to classify the stacked image into two classes: water and other land covers. After that, a 3×3 window size majority filtering was applied as a postprocessing step, and we then converted the classified image to the shapefile and eliminated the spots outside the inlet and outlets of the lake. The lake areas in



200 2015, 2016 and 2017 were obtained from a previous study (Zhang, 2019); we also modified the lakes to have
the same inlets and outlets. For lakes with irregular areas, their storage can be approximately calculated
according to the volume of the circular platform, and then the volume change of the lake can be calculated
from the difference between the volumes of two circular platforms (Zhang et al., 2019a), as described in Eq.
(1):

$$205 \quad \Delta V = \frac{1}{3}(H_2 - H_1) \times (S_1 + S_2 + \sqrt{S_1 \times S_2}) \quad (1)$$

where ΔV is the change in lake water storage, S_1 and S_2 represent the lake areas of two periods (e.g., the lake
areas in 2018 and 2020), and $(H_2 - H_1)$ represents the lake level change between the two periods.

3.3 Deformation monitoring

3.3.1 SBAS-InSAR processing

210 Time series InSAR analysis was implemented using small baseline subset (SBAS) analysis, which deploys
multiple master datasets to minimize the effects of spatial-temporal decorrelation (Berardino et al., 2002;
Lanari et al., 2004; Usai, 2003) by selecting interferograms having small spatial and temporal baselines. Thus,
this technique is suitable for permafrost environments prone to strong spatial-temporal decorrelation.
The Serling Co basin covered two orbits of S1 images. We processed the SBAS-InSAR analysis individually
215 for each orbit. SBAS-InSAR processing in this study contains three main steps: i) InSAR processing of the
images, including interferogram network selection, coregistration, differential interferogram phase
generation and phase unwrapping; ii) deformation time series estimation; and iii) reference point refinement
and geocoding.

220 The main processing steps are described as follows:

i) InSAR Processing

Every SAR image was coregistered with the next two sequential acquisitions. The precision state vectors
obtained from the ESA were applied to reduce the effects of inaccurate baselines. To overcome the
decorrelation caused by permafrost landscapes (mainly vegetation dynamics) and terrain elevation changes,
225 we generated only interferograms with short time intervals. The temporal baselines of individual
interferograms are 12 to 24 days, and the perpendicular baseline of all the interferometric pairs is <100 m.
We then performed multilooking with 3 pixels in range and 13 pixels in azimuth to form a square pixel (~40
m) and reduce the noise. To remove the topographic phase, the topographic phase was simulated using the
SRTM DEM and subtracted from the interferogram. After that, we applied an adaptive spectral filter to
230 produce differential interferograms. To unwrap the differential phase, a minimum cost flow (MCF) phase
unwrap method was applied. Two orbits covering an area of approximately 450 km × 500 km were processed.
This processing was implemented using ISCE (<https://github.com/isce-framework/isce2>). Coregistration and
conversion between radar coordinates and geometric coordinate systems were accelerated by the aid of a
graphic processing unit (GPU) under the CUDA framework during the processing of such a large area.

235 ii) Deformation time series estimation



In this step, the network of unwrapped interferograms was inverted to construct a timeline of line-of-sight (LOS) displacement maps. We applied a weighted least square (WLS) estimator to invert the network of interferograms into time series. During the inversion, interferograms are weighted by the inverse of the phase variance (Guarnieri and Tebaldini, 2008; Tough et al., 1995). Different from some studies conducted in permafrost environments that presuppose deformation models to facilitate solving the phase time series, we did not preset any deformation and obtained the raw phase time series by minimizing the phase residual. The time series of LOS displacements are relative to the first scene of the datasets and spatially relative to the reference point. The reference point was firstly set by selecting pixels with extremely high temporal coherence greater than 0.99. After the raw phase time series were obtained, the tropospheric delay correction, phase deramping, and topographic residual correction were applied. The tropospheric delay was estimated in the satellite LOS direction using ERA-5 reanalysis data. The processing was conducted in PyAPS software (Jolivet et al., 2014). Linear phase ramps, which might be caused by residual tropospheric and ionospheric delays, were estimated and removed from the displacement time series at each acquisition using reliable pixels. The systematic topographic phase residuals caused by DEM errors were estimated based on the proportionality with the perpendicular baseline time series (Fattahi and Amelung, 2013). The processing described above was implemented by MintPy (Zhang et al., 2019b) (<https://github.com/insarlab/MintPy>).

iii) Reference point refinement and geocoding

In the natural environment, the exposed bedrock in flat terrain is normally selected as the reference point; however, because such exposed bedrock is scarce in the study area, we took great care in the selection of reference points. We selected a reference point outside the permafrost region in very dry and flat terrain. The reference area was homogeneous and had interferometric coherence close to 1. We adjusted the displacements relative to this reference area. The location of the reference area is marked in Fig. 1. Finally, we geocoded the deformation time series to the WGS84 coordinate system with 0.0005×0.0005 degree spacing and then reprojected it to the Albers equal area conic system with a 100×100 m grid size.

260 3.3.2 Extraction of the periodic (seasonal) amplitude and long-term rate

The surface deformation in the permafrost terrain exhibits characteristics of both long-term linear deformation and seasonal oscillation (upheaval in winter and spring and subsidence in summer and autumn) (Daout et al., 2017; Li et al., 2015). We used a sinusoidal seasonal function plus a linear trend to the displacement time series of each image pixel using Eq. (2). To minimize the effect of extreme values, we also applied a 3-size moving window filter to the deformation time series.

$$d(t) = a \cdot t + A \cdot \sin\left(\frac{2\pi}{T} \cdot t + \varphi\right) + c \quad (2)$$

where t is the time interval with respect to the first SAR image acquisition date, a is the long-term rate, A is the periodic (seasonal) amplitude, T is the period of the seasonal undulations (assumed to be one year), φ is the initial phase, and c is the residual term. a , A , φ and c are the coefficients to be determined.

270 For each orbit, we extracted the periodic (seasonal) amplitude and long-term rate pixel by pixel from the deformation time series and then mosaiced the results from the two orbits together.



3.3.3 Deformation from LOS to vertical direction

For the flat terrain, deformation is mainly caused by freeze-thaw permafrost activity and is mainly in the vertical direction. Thus, the observed deformation is the terrain movement projection in the LOS direction.

275 The observed deformation in the LOS direction was converted to the vertical direction using Eq. (3) by dividing the deformation value by the cosine of the incidence angle. The incidence angle ranges of orbit 48 and orbit 150 of the S1 sensor are listed in Table 1.

$$d_v = d_{LOS} / \cos(\theta) \quad (3)$$

280 where d_{LOS} is the observed deformation along the line of the sight, d_v is the deformation in the vertical direction, and θ is the incidence angle of the sensor.

3.4 Conversion from ground deformation to ground ice meltwater contribution

A considerable amount of ground ice is always buried in permafrost regions, especially just below the permafrost table; this ice forms mostly by ice segregation during the long permafrost formation process (Cheng, 1983; Mackay, 1983; French and Harbor, 2013). Thawing of the uppermost permafrost layer is
285 always accompanied by the compaction of sediment and subsidence of the ground surface due to the melting of super-saturated ground ice (French, 2017). Hence, the higher the ice content in permafrost that melts under the warming climate, the larger the surface subsidence that occurs as a result. In this study, we assume that the long-term subsided height in elevation is equal to the thickness of ground ice that melts. We converted the deformation rate into the ground ice meltwater following these steps:

290 i) masking off areas with slope angles $>10^\circ$

On steep slopes, the deformation occurs mainly as downslope movements driven by gravity (Buckel et al., 2021; Reinosch et al., 2020); thus, we considered only areas with slope angles below 10° . The threshold of 10° was adopted based on previous works (Reinosch et al., 2020; Buckel et al., 2021).

295 ii) masking off areas with the LOS direction periodic (seasonal) amplitudes or long-term velocities ≤ 2.5 mm
The threshold of 2.5 mm was set based on previous works (Daout et al., 2017; Buckel et al., 2021). A periodic seasonal threshold was used to mask off areas that are not affected by permafrost activity (because they do not experience periodic frost heave and thaw subsidence) but exhibit continuous sedimentary uplift or subsidence. Areas with periodic (seasonal) oscillations in the amplitude and long-term (interannual) velocities less than 2.5 mm are likely unmoving considering distortions in the InSAR phase and DEM error.

300 iii) conversion from ground deformation into ground ice meltwater

Serling Co lake is located in the lowest area of the watershed, and the water released from thawing permafrost eventually enters the lake. The long-term deformation represents the elevation changes produced by the ground ice change. Using Eq. (4), by multiplying the grid cell size, we can obtain the ice volume change for each grid cell and then sum them to estimate the total ice volume amount. Because the density of water is
305 $\sim 1.0 \text{ g/cm}^3$ and that of ice is $\sim 0.91 \text{ g/cm}^3$, the ice volume amount is then multiplied by a factor of 0.91 to convert to the water volume.

$$\Delta V_{water} = 0.91 \cdot \Delta V_{ice} = 0.91 \cdot \sum \Delta h \cdot C_{grid} = 0.91 \cdot \sum d \cdot C_{grid} \quad (4)$$



where ΔV_{ice} is the change in ground ice volume, Δh is the elevation change produced by the ice change, C_{grid} is the area of a grid cell, and d_v is the long-term deformation in the vertical direction.

310 4. Results

4.1 Lake water storage change

We analyzed the lake storage changes in three large lakes within the large Serling Co watershed: Serling Co, Ngoin Co, and the combination of Wuru Co & Qiagui Co. Fig.4 illustrates the time series of lake elevation of investigated lakes during October 2018 and 2020 derive by ICESat-2. The surface extents and elevation changes of these three lakes are summarized in Table 5 and Table 6. From 2015 to 2020, Serling Co expanded at a rate of 10.3 km²/a. Limited by the data acquisition period of ICESat-2, which was launched in 2018, we can confirm only that the surface water increased at a rate of 0.2 m/a for Serling Co during 2018–2020. Calculated by changes in the lake area and height using Eq. (1), the lake water storage from 2018 to 2020 increased by 496.3×10⁶ m³/a.

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Table 5 Lake area from 2015 to 2020.

Lake	Area (km ²)						Change velocity (km ² /a)
	2015	2016	2017	2018	2019	2020	
Serling Co	2398.7	2377.1	2393.8	2408.1	2421.1	2441.2	10.3
Ngoin Co	276.6	276.7	281.8	281.6	285.2	284.1	1.8
Wuru Co & Qiagui Co	432.5	437.2	432.5	452.5	447.2	443.0	2.9

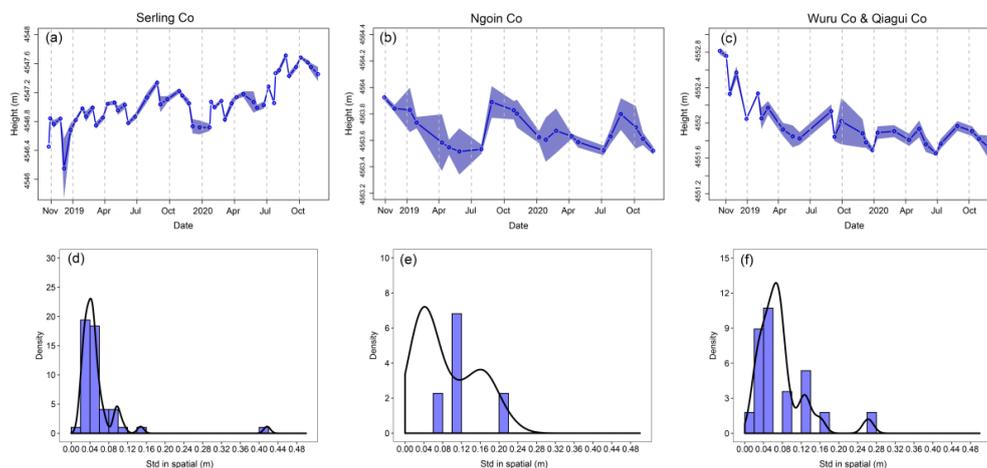


Figure 4 Lake elevation from three lakes. Subfigures (a)-(c) are elevations derived from ICESat-2, in which the solid lines indicate the average values of all elevation measurements within the lake on a given date, and the light-



325 colored areas show the mean \pm one standard deviation. Subfigures (d)-(e) further show the histograms of the standard deviation of elevation within the lake of all acquisitions from 2018 to 2020.

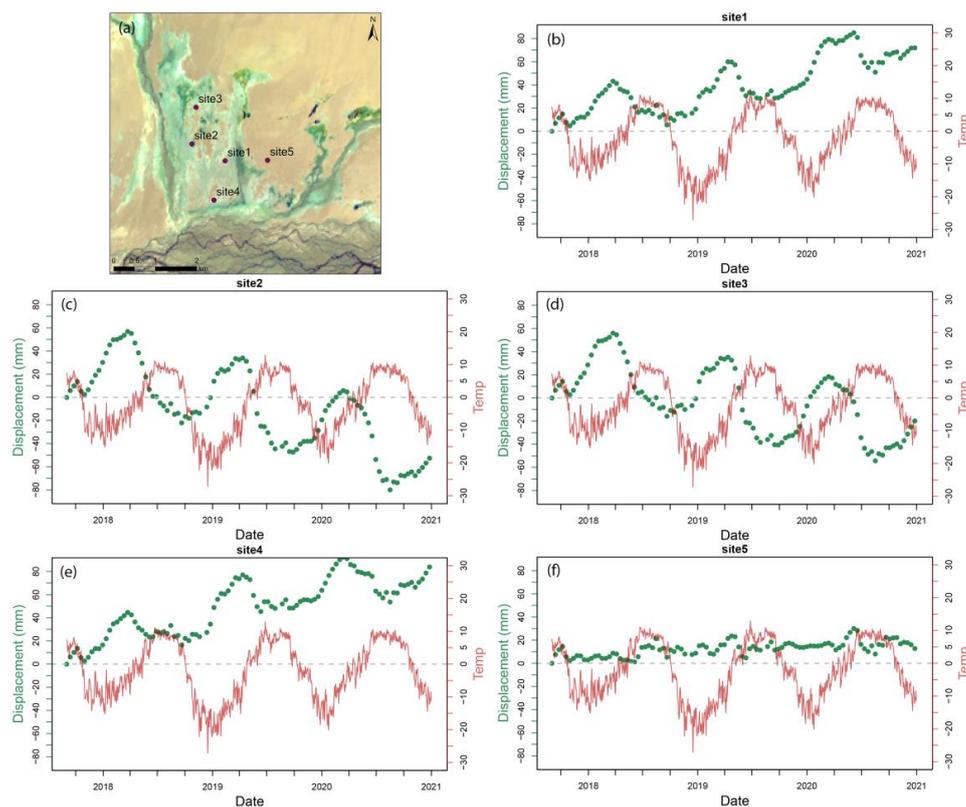
Table 6 Lake elevation from 2018 to 2020.

Lake	Surface water elevation (m)			
	2018	2019	2020	Change velocity (m/a)
Serling Co	4546.77	4546.99	4547.18	0.20
Ngoin Co	4563.85	4563.77	4563.68	-0.09
Wuru Co & Qiagui Co	4552.50	4552.04	4551.89	-0.30

330 4.2 Ground surface deformation

4.2.1 Deformation time series

Fig. 5 shows the time series at five sites within a small (6.5 km \times 6.5 km) region where the surface is flat and the elevation is lower than the Zhajiazangbu upstream region. For a better demonstration, this section is marked in Fig. 1. In this area, the mean annual air temperature is -2.0°C , calculated based on ERA5-Land air temperature hourly reanalysis data during 2017–2020. Sites 1–4 exhibit strong seasonal oscillations, whereas site 5 does not. As seen from Fig. 5(a), site 5 has almost no vegetation cover, and the surface is dry. The low water storage in the active layer explains its low seasonal amplitude because the seasonal deformation is mainly affected by the water content in the active layer due to the ice-water phase change in the active layer during the freeze-thaw cycle. Both subsidence and uplift signals are detected within the small extent of Fig. 5(a). The subsidence is the result of ground ice melting. The uplift signals of site 1 and site 4 are worth exploring. These signals might be related to ground ice aggradation; as shown in Fig. 5(a), they are very close to the streams, and a sufficient water supply accompanied by strong evaporation (cooling effect, energy is taken away) might facilitate the upward freezing of previously unfrozen (or seasonally frozen) sediment. Alternatively, the uplift signal might be related to alluvial sedimentation or groundwater table rise. However, in the area of Fig. 5(a), the uplift signal has a high possibility of being related to ground ice aggradation since the seasonal amplitude is very large. This phenomenon has been discussed by (Daout et al., 2020), who also found the coexistence of ground subsidence and uplift and speculated that excess meltwater pools and triggers an increase in segregation ice near the permafrost table.



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Figure 5 Deformation time series in the sector marked with the red rectangle in Fig. 1. Positive values represent uplift and negative values represent subsidence relative to the first scene of the S1 datasets. Air temperature in red color is from ERA5-Land air temperature hourly reanalysis data.

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4.2.2 Spatial distributions of the seasonal amplitude and long-term rate

Fig. 6 and Fig. 7 show the spatial distributions of the long-term deformation rate and seasonal amplitude, respectively. The Serling Co basin spanned two orbits of Sentinel-1 images: orbit 48 and orbit 150. We extracted the seasonal and trend signals from the two orbits and mosaiced them together. The two results from orbit 150 and orbit 48 coincide with each other very well in the overlapping area, and we did not find any breaks or jumps in the place of stitching. This confirmed that the seasonal amplitudes and rate signals extracted from the two orbits are robust, although the acquisitions of the two orbits are not the same (Table 3).

360

The spatial distributions of both the seasonal amplitude and the long-term deformation rate are in accordance with the permafrost distribution map (Fig. 1). The boundary differentiating continuous permafrost from seasonally frozen ground in Fig. 1 exactly delineates the spatial distribution of the long-term deformation

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rate in Fig. 6 and that of the seasonal amplitude in Fig. 7. As shown in Fig. 6, widespread and large magnitudes of subsidence and large seasonal amplitudes are located in the upstream portion of the Zhajiazangbu subbasin southeast of Mt. Geladandong, where widespread continuous permafrost is present.

370 Subsidence in the Serling Co watershed is normally between 5 and 20 mm/a (see the statistical details in Table 8) and reaches 50 mm/a in certain regions, reflecting high excess ice and rapid ice loss in the region. The seasonal amplitude ranges between 0 mm and 60 mm within the watershed area. Among the areas with velocities greater than 2.5 mm/a, 0.3% of them had seasonal amplitudes greater than 30 mm, 2.3% of them had amplitudes between 20 mm and 30 mm, 26.3% of them had amplitudes between 10 mm and 20 mm,

375 30.3% of them had amplitudes between 5 mm and 10 mm, and 40.9% of them had amplitudes of less than 5 mm; the average seasonal amplitude was 7.9 mm.

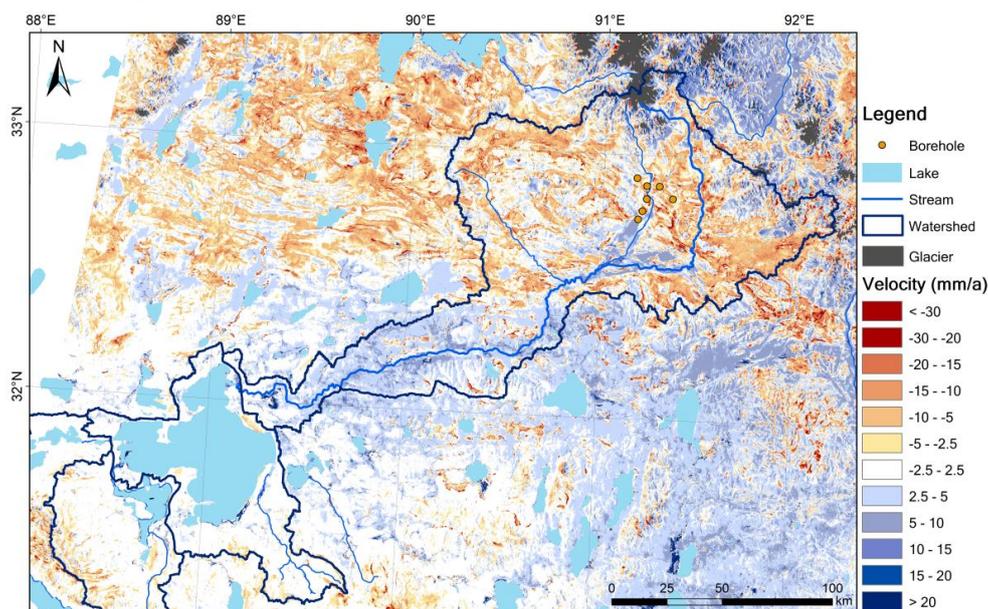


Figure 6 Map of the long-term deformation rate.

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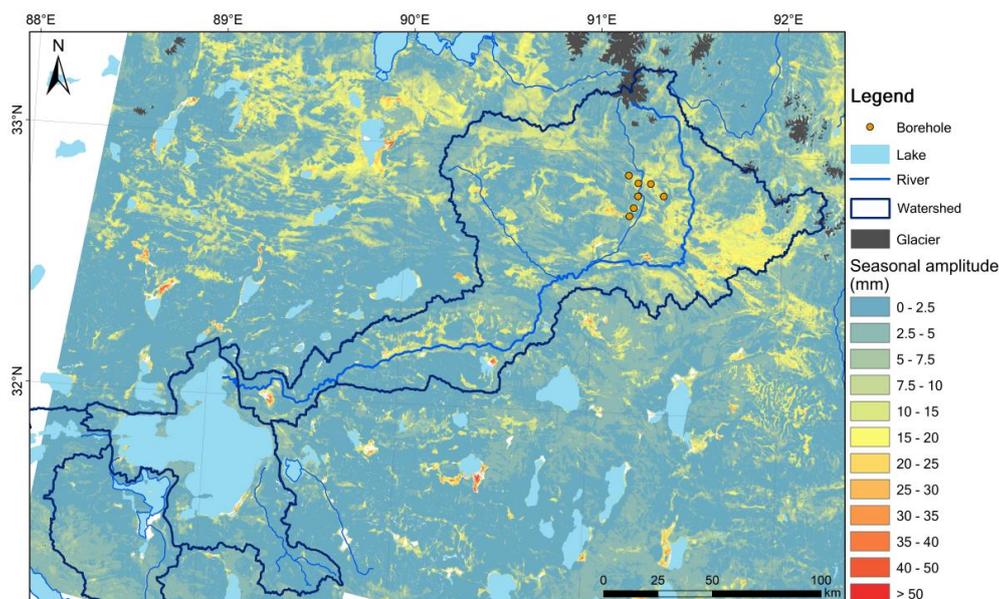
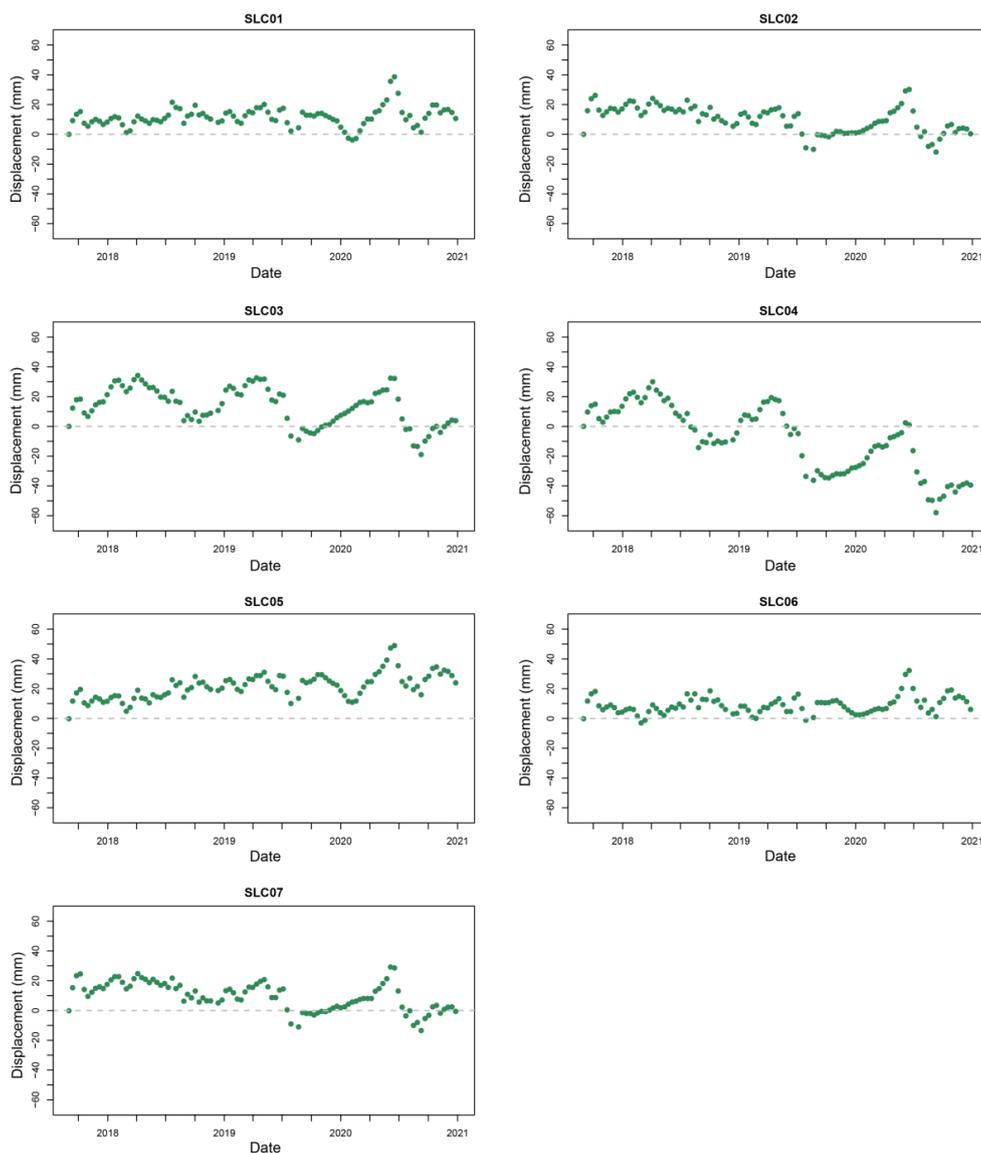


Figure 7 Map of the periodic (seasonal) amplitude.

4.2.3 Validation with GPR surveying and drilling sites

385 We also examined the deformation characteristics at the GPR surveying and drilling sites. The deformation
time series at seven drilling sites are shown in Fig. 8 and Table 7. The detected deformation properties are
highly consistent with the field surveys. Sites SLC03 and SLC04 have the largest seasonal amplitudes of 13.7
mm and 16.5 mm, respectively, and they are the wettest and have the most developed vegetation cover, i.e.,
alpine swamp meadows with coverage higher than 90%. These seasonal amplitudes are to a large extent
390 caused by the water-ice phase changes in the freeze-thaw cycle and are thus extremely sensitive to the water
content in the active layer (Chen et al., 2020). This sensitivity explains the high seasonal amplitudes at SLC03
and SLC04. Permafrost can hold more water in the active layer than seasonally frozen ground; this is why
site SCL05 of seasonally frozen ground displayed the smallest seasonal oscillation of 1.9 mm. Similarly,
among the twenty GPR segments where the existence of surface permafrost was confirmed, the seasonal
395 amplitudes were all larger than 3.3 mm, with the largest amplitude of 19.9 mm and an average of 8.4 mm.
Excess ice was found in the SLC04 borehole; correspondingly, the largest subsidence velocity of 17.3 mm/a
was observed at this site. Likewise, SLC02, SLC03, and SLC03, in which ground ice was found, all showed
different levels of subsidence. Site SLC05, which is seasonally frozen and located in a river valley between
two rivers, exhibited an uplift of 5.4 mm/a, which might be because of sedimentation.



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Figure 8 Deformation time series at seven drilling sites.

Table 7 Deformation properties at seven borehole sites.

Site	Periodic seasonal oscillation (mm)	Deformation rate (mm/a)
SLC01	3.0	1.4
SLC02	5.0	-5.1
SLC03	13.7	-5.6
SLC04	16.5	-17.3



SLC05	1.9	5.4
SLC06	3.5	1.5
SLC07	6.9	-5.4

405 4.3 Water contribution from ground ice melting

Fig. 9 shows the map of the potential water contribution caused by permafrost ground ice change. Table 9 lists the statistics of the potential water contribution volume for the Serling Co basin. The main contribution comes from the Zhajiazangbu subbasin, where the permafrost coverage is 66.2%, and the contribution from the Boquzangbu subbasin is very limited. The potential rate at which ground ice meltwater is generated was 55.4×10⁶ m³/a in the Zhajiazangbu subbasin and 0.6×10⁶ m³/a in the Boquzangbu subbasin, and the overall amount is 56.0×10⁶ m³/a. Compared to the Serling Co water storage change velocity of 496.3×10⁶ m³/a, we obtained a ground ice melting water release contribution ratio of 11.3%. If the potential water contribution volume is converted to the runoff depth in the watershed extent, this value corresponds to a 2.6 mm/a increase in the runoff depth.

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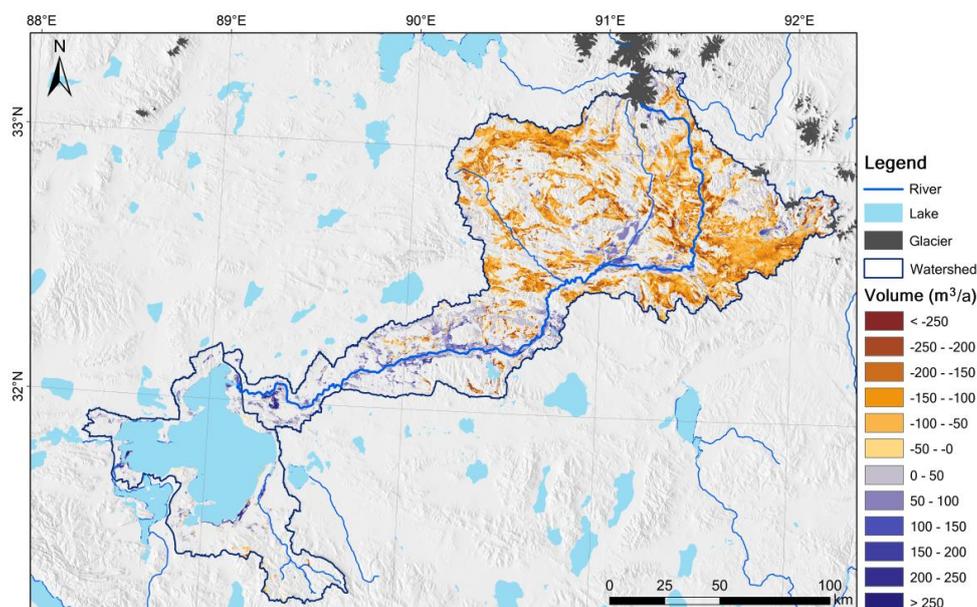


Figure 9 Map of the potential water volume from ground ice change. The grid color represents the potential water contribution volume for the grid cell. Negative values indicate ground ice loss and water release.

420 We also considered two extreme situations when taking into account the ground surface uplift signals. If we assume all the uplift signals were caused by permafrost ground ice aggradation, thereby subtracting 14.6×10⁶ m³/a from 56.0×10⁶ m³/a, then a water contribution volume of 41.4×10⁶ m³/a is finally calculated and



425 represents 8.3% of the lake water storage change. If the potential water contribution volume is converted into
the runoff depth at the watershed scale, this value corresponds to a 1.9 mm/a increase in the runoff depth. If
we assume all the uplift signals were caused by the rise of the groundwater table, which is recharged by
melting of ground ice infiltration, then a water contribution volume of $70.6 \times 10^6 \text{ m}^3/\text{a}$ is finally calculated and
represents 14.2% of the lake water storage change and a 3.3 mm/a increase in the runoff depth. Table 9 lists
the water contribution of ground ice melting, as well as the extreme values when taking into account the
signals of ground surface uplift.

430

4.4 Uncertainty analysis

4.4.1 Uncertainties and accuracies of lake volume change

435 Fig. 4(a) clearly shows the water surface elevation of Serling Co lake is increasing gradually, although the
seasonal fluctuation is evident as well. Serling Co lake has 49 acquisitions of ICESat-2 dataset during the
investigation period, and 69.4% of acquisitions has a standard deviation of elevation measurements smaller
than 0.05 m within the lake, as shown in Fig. 4(d). It means that the average values of all elevation
measurements within the lake could represent the lake's elevation on a given date. To evaluate the accuracy
of lake area extent, we validated the classification results by randomly selecting 1000 pixels on Landsat
images and visually examined the classification results. It shows that the classification accuracies reach
440 around 0.98.

Our analysis shows that during the period 2018–2020, the water level increased at a rate of 0.2 m/a, the lake
area increased at a rate of $10.3 \text{ km}^2/\text{a}$, and the lake water storage increased at a rate of $496.3 \times 10^6 \text{ m}^3/\text{a}$. These
values were compared to the values recorded in previous studies. The water level remained stable during the
445 period 1972–1999 and then increased at an approximate rate of 1.0 m/a in the period 2000–2006, after which
the rate of increase gradually slowed down to 0.2 m/a during 2007–2011 (Doin et al., 2015). From 1972 to
2017, there was a $15.6 \text{ km}^2/\text{a}$ increase in the lake area and a $425 \times 10^6 \text{ m}^3/\text{a}$ increase in the lake water storage,
but the corresponding rates of increase in 1972–2000 were slow at $9.1 \text{ km}^2/\text{a}$ and $368 \times 10^6 \text{ m}^3/\text{a}$, respectively,
and then they markedly accelerated in 2000–2005, with increases of $60.7 \text{ km}^2/\text{a}$ and $1576 \times 10^6 \text{ m}^3/\text{a}$,
450 respectively; after that, in 2005–2017, the rates of increase in the lake area and water storage slowed to only
 $12.6 \text{ km}^2/\text{a}$ and $553 \times 10^6 \text{ m}^3/\text{a}$, respectively (Yang et al., 2017; Zhu et al., 2019). The values retrieved in this
study are all in the range of historical values and closest to the values during the 2010s.

4.4.2 Uncertainties and accuracies of deformation

455 1) Uncertainties in long-term deformation velocity estimation

The standard deviation of the long-term deformation velocity parameter in Eq. (2) is applied to represent the
uncertainties of the long-term deformation velocity estimation (Chen et al., 2018; Zhang et al., 2019b). Fig.



10 shows the standard deviation of the velocity estimator, 93.3% of the study area has a value less than 0.002 mm/a.

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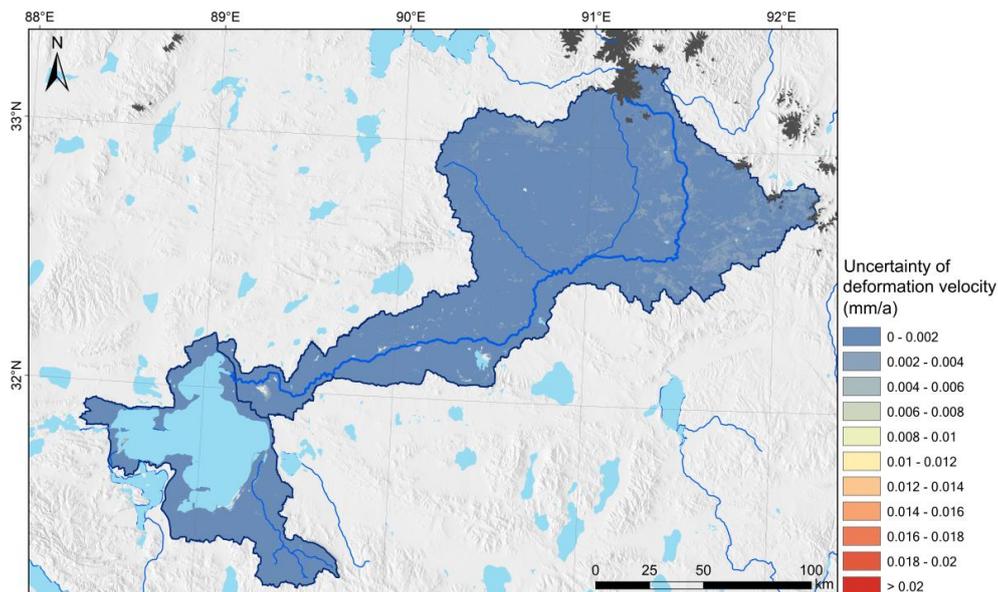


Figure 10 Uncertainty of long-term deformation velocity.

2) Accuracy of In-SAR derived deformation velocity

In this study, the deformation characteristics were compared with the characteristics of boreholes, and excellent agreement was achieved. We also validated the SBAS-InSAR-derived deformation, which has the same processing flow as applied in this study, with the in situ leveling measurements at the Wudaoliang site on the Tibetan Plateau; the relative error is 14.8% regarding the long-term deformation rate (Zhou et al., 2019). Furthermore, we are currently deploying an automatic deformation monitoring device in the watershed, and it is expected to provide an independent validation reference in the watershed.

470

4.4.3 Uncertainties of slope angle threshold in ground ice meltwater estimation

During the estimation process, we masked out regions with slopes steeper than the threshold of 10 degrees. We also tested the impact on the results of setting slope thresholds of 15 degrees and 20 degrees. When using the 15 degree threshold or the 20 degree threshold, the water release volume changed by less than 1%. Hence, the setting of the threshold does not greatly influence the final results.

475



5. Discussion

5.1 Uplift displacement signal

480 Previous research normally focuses on the thaw subsidence signal on the Tibetan Plateau, and less attention
has been given to the uplift signal. Ground uplift was detected in the sporadic permafrost environment in the
middle stream of the Zhajiazangbu subbasin and in some places around Serling Co lake, especially in drained
ponds. It is also detected in the cold environment in the upstream portion of the Zhajiazangbu subbasin, where
permafrost terrain is widely subsiding. Some of the uplift signals might be related to sedimentation or the
rise of the groundwater table; in addition, some of these uplift signals might be caused by ground ice
485 aggradation, as in these areas, the water supply is sufficient and the periodic seasonal deformation amplitude
is large. Ground ice aggradation is slightly surprising in the overall warming climate of the study area.
However, the upward freezing of previously unfrozen (or seasonally frozen) sediment is still possible and
may occur because of sediment accretion (e.g., deltaic and alluvial sedimentation) (French, 2017). In our
study area, the terrain uplift signals were found mainly near the rivers in a sedimentation landscape. A
490 previous study (Daout et al., 2020) also detected a complex deformation signal in the permafrost on the
northeastern Tibetan Plateau and hypothesized that the uplift deformation in lowland regions was caused by
excess meltwater pooling, which triggered an increase in the segregation of ice near the permafrost table.
Thus, on the Tibetan Plateau, it might be common for degradation and aggradation of ground ice to both
occur in permafrost environments, with degradation representing the dominant pattern and aggradation
495 existing in local areas. Currently, most studies focus on permafrost subsidence signals, and few studies have
studied permafrost ground ice aggradation and the causes of uplift signals in local environments. Nevertheless,
the uplift signals in the permafrost environment on the Tibetan Plateau are worthy of additional research,
and further details on the Serling Co basin are expected to be unveiled and supplemented by the next field
survey.

500 5.2 Water contribution from permafrost ground ice melting in the Serling Co watershed

In this study, we assumed that water released by permafrost ice melt will eventually enter Serling Co lake,
and the potential water contribution was estimated. The effect of permafrost degradation on the terrestrial
water cycle is complicated (Ma et al., 2020). The gradually thickening active layer may hold more water in
the soil layer; thus, endorheic basins may collect more water during the thawing season. Additionally, the
505 increase in the active layer thickness due to the warming climate could lead to more evaporation. In
permafrost terrain, the interaction between groundwater and surface water is restricted. With permafrost
degradation, groundwater recharge and discharge rates are expected to increase since the impermeable effect
of permafrost weakens. Melting of ground ice can lead to more surface water infiltration into groundwater in
the basin, resulting in an increase in groundwater storage in the basin (Bense et al., 2012; Zhang et al., 2017).

510 Based on the detected deformation, we estimated that the volumetric rate of water release due to the melting
of ground ice could reach $56.0 \times 10^6 \text{ m}^3/\text{a}$ for the Zhajiazangbu and Boquzangbu subbasins. If the Alizangbu



and Zhagenzangbu subbasins are included, the permafrost thawing contribution amount could be even larger. According to the statistics of permafrost distribution (Table 1), the Zhajiazangbu and Boquzangbu subbasins together have a permafrost area of 10791 km², and the other two subbasins, Alizangbu and Zhagenzangbu, together have a permafrost area of 2613 km², approximately ¼ of the permafrost area in the northern two subbasins. According to a map of the ground ice distribution on the Tibetan Plateau, the ground ice volumes in the Alizangbu and Zhagenzangbu subbasins are small compared to that in the Zhajiazangbu subbasin (Zhao and Sheng, 2019). Moreover, the water released from ground ice melting does not directly supply Serling Co in the Alizangbu and Zhagenzangbu subbasins; rather, this meltwater supplies Ngoin Co and Wuru Co & Qiagui Co first. In addition, during 2018–2020, the surface water level slightly dropped in Ngoin Co and Wuru Co & Qiagui Co (Fig. 4 and Table 5). Thus, the water supply from other lakes to Serling Co lake might be limited considering the circumstances stated above and thus was not calculated in the current study. If only the subsidence signal is considered, the ground ice meltwater volume contribution is 55.6×10^6 m³/a, accounting for 11.2% of the lake volume increase. The result is consistent with a previous model simulation of the Tibetan Plateau's endorheic basins (Zhang et al., 2017), which found that permafrost degradation contributed ~12% of the water supply to the lake volume increase. Our deformation-based estimation could confirm that the contribution of ground ice meltwater could reach 10% in the study period of 2017–2020.

Our 3-year study period is relatively short compared to the continuous period of the growth of Serling Co from the 1970s to the present. The deformation rate and the lake water storage increasing rate in the other periods might be different from those in 2017–2020. C-band ERS, ENVISAT, and L-band ALOS PALSAR provide historical SAR data from the 1990s to the 2010s and will be processed and analyzed in a future study.

6. Conclusions

This is the first study to quantify the contribution of ground ice change to the expansion of Serling Co lake. We monitored the surface deformation using SBAS-InSAR over a large area of approximately 450 km × 500 km across the Serling Co lake basin and then utilized the long-term deformation rate to estimate the potential amount of water released from ground ice melting. Then, this amount was compared with the lake volume change during the same period, and the contribution ratio was derived. SBAS-InSAR monitoring during 2017–2020 illustrated widespread and large subsidence in the upstream section of the Zhajiazangbu subbasin, where widespread continuous permafrost is present. The subsidence was normally between 5 and 20 mm/a (72.8%), indicating high excess ice and rapid ice loss in the region. During the same period, the lake water storage increased at a rate of approximately 496.3×10^6 m³/a, and the potential rate of water release from ground ice melting reached 56.0×10^6 m³/a, contributing 11.3% of the lake volume increase. The uplift signals in some lowland areas with a sufficient water supply and in drained ponds are worth noting, and more details will be revealed through future field surveys. This study is especially helpful in explaining the rapid expansion of Serling Co lake and equilibrating the water balance at the watershed scale. More importantly,



the proposed method can be easily extended to other watersheds underlain by permafrost and can help understand the hydrologic changes in these watersheds.

550 **Acknowledgments**

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555 **Data availability**

Sentinel-1 Level 1 single-look complex (SLC) images can be accessed from the Alaska Satellite Facility (<https://search.asf.alaska.edu/>) or Copernicus Open Access Hub (<https://scihub.copernicus.eu/>). The lake area extents during 2015–2017 were from the datasets “The lakes larger than 1km² in Tibetan Plateau (V2.0)”, provided by the National Tibetan Plateau Data Center.

560 **Author contribution**

L. Wang and L. Zhao designed the study and wrote the manuscript. L. Zhao directed the project. L. Wang, H. Zhou, S. Liu, and C. Li performed the surface deformation analysis; X. Li performed the lake water level analysis; E. Du conducted GPR survey and interpretation; L. Zhao, G. Liu, D. Zou, H. Zhou, Z. Sun, E. Du, Y. Xiao, G. Hu, S. Liu, Z. Li, C. Wang, Y. Qiao and T. Wu conducted the field works and borehole drillings.

565 L. Wang, L. Zhao, H. Zhou, S. Liu, D. Zou, G. Liu, E. Du interpreted and discussed the results.

Competing interests

No conflict of interest.

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Table 8 Characteristics of terrain subsidence in the Serling Co basin.

Basin	Average (mm)	Percentage of subsidence levels (%)				
		-5 ~ -2.5	-10 ~ -5	-20 ~ -10	-30 ~ -20	< -30 mm
		mm	mm	mm	mm	
Zhajiayangbu subbasin	-9.1	22.4	43	30.7	3.5	0.4
Boquzangbu subbasin	-5.7	58.6	30.7	9.7	0.9	0.1
Overall	-9	23.4	42.6	30.2	3.4	0.4

Table 9 Potential water contribution of ground ice melting.

Basin	Water volume (10 ⁶ m ³ /a)	Runoff depth (mm)



	subsidence signal	uplift signal	after balance ¹	after balance ²	Water released by melting of ground ice	after balance ¹	after balance ²
Zhajiayangbu subbasin	55.4	11.8	43.6	67.2	3.4	2.7	4.2
Boquzangbu subbasin	0.6	2.7	-2.1	3.4	0.1	-0.4	0.6
Overall	56.0	14.6	41.4	70.6	2.6	1.9	3.3
Ratio of lake volume increasement	11.3%		8.3%	14.2%			

690 “after balance¹” assumes all the uplift signals were caused by permafrost ground ice aggradation, thereby subtracting from the value of the subsidence signal.

“after balance²” assumes all the uplift signals were caused by the rise of the groundwater table, which is recharged by melting of ground ice infiltration, thereby adding to the value of the subsidence signal.

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