


Thermal impacts of engineering activities and vegetation layer on permafrost in different alpine ecosystems of Qinghai-Tibet Plateau, China

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Abstract. Climate warming and engineering activities have various impacts on the thermal regime of permafrost in alpine ecosystems of the Qinghai–Tibet Plateau. Using recent observations of permafrost thermal regimes along the Qinghai–Tibet Highway and Railway, the changes of such regimes beneath embankments constructed in alpine meadows and steppes are studied. The results show that alpine meadows on the Qinghai–Tibet Plateau can have a controlling role
15 among engineering construction effects on permafrost beneath embankments. As before railway construction, the artificial permafrost table (APT) beneath embankments is not only affected by climate change and engineering activities but is also controlled by alpine ecosystems. However, the change rate of APT  **ot closely related to those** ecosystems, which are predominantly affected by climate change and engineering activities. Instead, the rate is mainly related to cooling effects of railway ballast and heat absorption effects of asphalt pavement. ~~For variation of soil temperature~~
20 ~~beneath embankments, it is difficult to identify the difference between alpine meadow and steppe.~~ but this difference is readily identified in the variation of mean annual soil temperature with depth. The vegetation layer in alpine meadows has an insulation role among engineering activity effects on permafrost beneath embankments, but this insulation gradually disappears because the layer decays and compresses over time. On the whole, this layer is advantageous for alleviating permafrost temperature rise in the short term, but its effect gradually weakens in the long term.

25 1 Introduction

Climate warming and engineering activities significantly impact permafrost thermal regimes on the Qinghai–Tibet Plateau (Cheng and Wu, 2007; Jin et al., 2008; Wu and Zhang, 2008; Zhang et al., 2008; Yang et al., 2010). However, the response of permafrost to climate warming differs greatly from that of engineering construction (Wu et al., 2007). This difference is mainly caused by permafrost thermal stability (Wu et al., 2007).

Because permafrost is the ~~product of~~ exchange between the ground surface and atmosphere, its response to climate warming and engineering activities is modulated by ground surface conditions, e.g., vegetation, soil, and geological conditions (Brown et al., 2000; Hinkel and Nelson, 2003; Frauenfeld et al., 2004). Permafrost has a close relationship with alpine ecosystems, and changes of permafrost can significantly affect those ecosystems (Callaghan and Jonasson, 1995; Jorgenson et al., 2001; Hinzman et al., 2005; Wang et al., 2006; Shur and Jonasson, 2007; Gregory et al., 2012; Wang et al., 2012). Climate warming has varying thermal impacts on permafrost in different alpine ecosystems (Wu et al., 2015). Change in permafrost temperature and active layer thickness (ALT) of alpine meadows is greater than that of alpine steppe (Wu et al., 2015). Therefore, whether engineering activities have thermal impacts on permafrost that vary with ecosystems ~~is a concern~~. Further, removing or retaining vegetation in highway or railway construction may cause differences in permafrost change and engineering stability. However, there has been little research in this area.

Engineering activities on the Qinghai–Tibet Plateau, e.g., the Qinghai–Tibet Highway (QTH) and Railway (QTR), resulted in a substantial increase of permafrost temperatures, rise of the permafrost table, and thawing of ground ice near the permafrost table beneath embankments (Wu et al., 2002; Sheng et al., 2002; Ma et al., 2009; Wu et al., 2010b; Mu et al., 2012). However, the cited research works treated only the thermal disturbance impacts of the highway or railway on permafrost beneath embankments. There has been little attention to interaction among engineering activities, vegetation or soils near the ground surface, and permafrost beneath embankments. ~~McHattie and Esch (1983) studied the permafrost benefits of a peat underlay in roadway construction.~~

The main objective of the present study was to investigate the thermal impacts of engineering activities on permafrost beneath embankments in various ecosystems, using data and information from a continuous record of permafrost temperature monitoring along the QTH and QTR corridor. We first focus on ~~studies of~~ annual means and variability of the artificial permafrost table (APT) beneath embankments in alpine meadows and steppes over the period 1996/2005 through 2014. We then investigate trends of soil temperature and various impacts of ecosystems in driving changes of soil temperature. Finally, we assess the advantages and disadvantages of removing vegetation during engineering construction.

2 Data and method

The soil temperature data used were obtained from nine monitoring sites along the QTH and QTR (Fig. 1). Because vegetation was removed when the QTH was constructed but ~~was~~ present when the QTR was constructed, ~~these~~ data were obtained from six centerline boreholes beneath the highway embankment (three in alpine steppe and three in alpine meadow) and six beneath the railway embankment (four centerline boreholes in alpine meadow and two shoulder boreholes in alpine steppe). **For comparison, soil temperature from a borehole beneath a natural surface was obtained from the same location as the centerline borehole beneath the embankment.**

2.1 Site description

Soil temperature was measured at 12 sites from the Chumaer high plain in the north to the Tanggula Mountains in the south, along the QTH and QTR (Fig. 1). Five boreholes were drilled in the Chumaer high plain (two along the railway and three along the highway), four in the Beiluhe Basin (railway), and three in the Fenghuo, Kaixinling, and Tanggula Mountains (highway). Geographic information and ecosystems of these sites are listed in Tables 1 and 2.

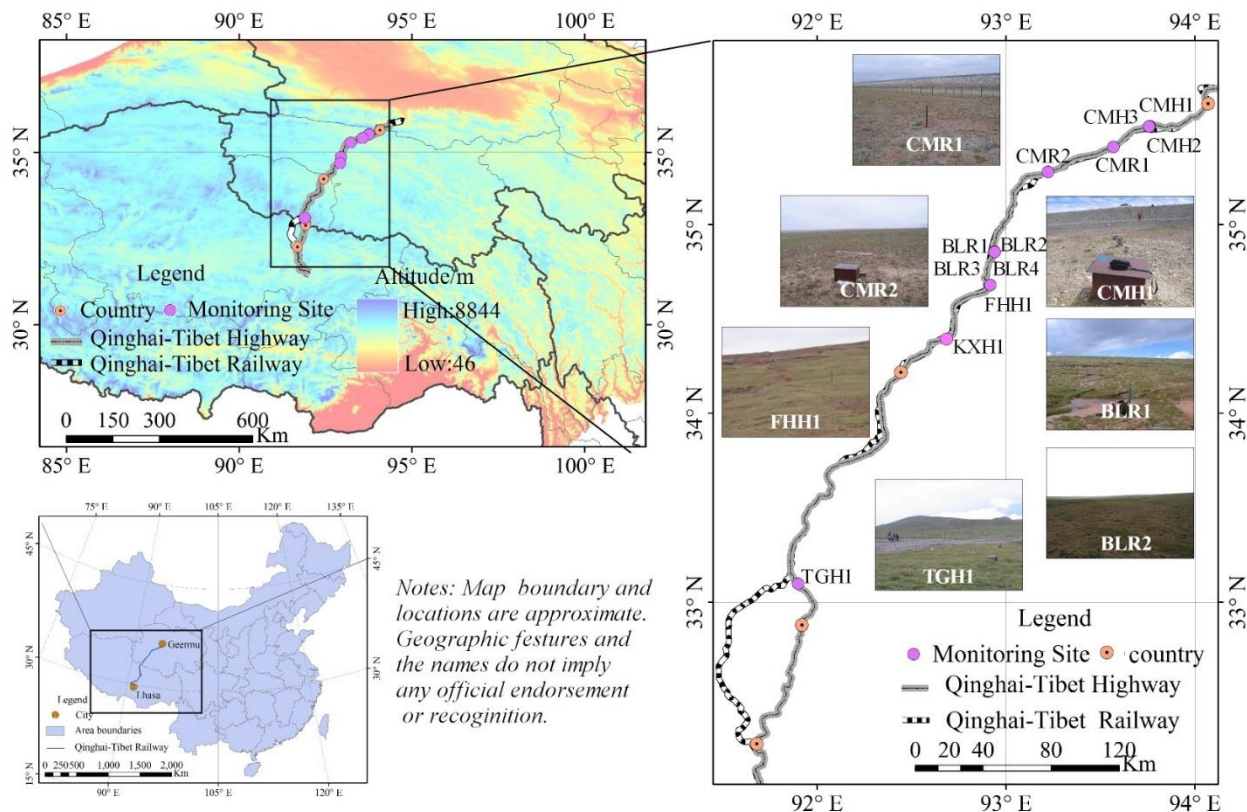


Figure 1 Geographic locations of 12 monitoring sites

Mean annual air temperature ranges from about -5.0 to -5.5 °C in the Chumaer high plain to about -6.0 to -6.5 °C in the Tanggula Mountains (Table 2). The climate of the Qinghai-Tibet Plateau is extremely continental with annual total precipitation generally < 300 mm, but this precipitation varies from 230 to 510 mm in the Beilu Basin (Wu et al., 2015). There was no steady or winter-long snow cover at any site during the study period.

Alpine grassland along the QTH and QTR mainly includes alpine meadow and alpine steppe (Wang et al., 2006). Five monitoring sites in the Chumaer high plain are in alpine steppe, with 5–10 % vegetation cover at CMH1, CMH2 and CMH3, and 20–30% at CMR1 and CMR2 (Fig. 1). Four sites in the Beiluhe Basin are in alpine meadow, with vegetation cover 60–70% at BLR1, 30–40% at BLR2, 60–70% at BLR3, and 80–90% at BLR4. Another three monitoring sites, in the Fenghuo,

Kaixinling, and Tanggula Mountains, respectively, are also in alpine meadow, with vegetation cover ~85–90% at FHH1, 35–40% at KXH1 and ~93–97% at TGH1. Near-surface sediments are dominated by gravel and sandy soil in alpine steppe, and clayey and silt soil with little gravel in alpine meadow. Soil organic content is relatively low where there is no peat layer in alpine steppe, and high where there is such a layer (< 10 cm).

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Table 1 Information on 12 monitoring sites along QTH and QTR

NO.	Site*	Areas	Latitude (°)	Longitude (°)	Altitude (m)	Observation Period
1	CMH1	Chumaer High Plain	35.52	93.76	4577	2002–2014
2	CMH2		35.52	93.76	4572	2002–2014
3	CMH3		35.52	93.76	4568	2002–2014
4	CMR1		35.41	93.57	4477	2005–2014
5	CMR2		35.28	93.22	4583	2005–2014
6	BLR1	Beiluhe Basin	34.86	92.92	4633	2002–2014
7	BLR2		34.85	92.94	4632	2002–2014
8	BLR3		34.85	92.94	4630	2002–2014
9	BLR4		34.82	92.92	4654	2002–2014
10	FHH1	Fenghuo Mts	34.68	92.92	4950	1996–2014
11	KXH1	Kaixinling	33.96	92.35	4627	2003–2014
12	TGH1	Tanggula Mts.	33.10	91.90	4948	2002–2014

*XXR indicates sites from QTR and XXH sites from QTH

2.2 Soil temperature measurements

All monitoring sites were established in 2002, except for FHH1 in 1996 and CMR1 and CMR2 in 2005. **There were six sites along the QTH and six along the QTR.** Soil temperature measurements from all sites are continuous through the present. Soil temperature was measured at depths 0.5–18 m beneath the surface of the embankment centerline at all sites, except for that beneath the sunny-side shoulder at CMR1 and CMR2. All measurements were made by a string of thermistors at depth increments of 0.5 m. These thermistors were made by the State Key Laboratory of Frozen Soil Engineering. Laboratory temperature accuracy of these sensors is ± 0.05 °C. For all sites along the QTH, **in-situ measurements** were conducted by well-trained technicians using data loggers (CR3000, Campbell Scientific Inc., USA), with automatic measurements on the 5th and 20th days of each month. For all sites along the QTR, in-situ measurement data were automatically collected each day by the data logger at 10:00 a.m. Beijing Standard Time.

2.3 Method

We analyzed the long-term trends and variability of APT, ALT, and permafrost temperature beneath embankments in alpine meadow and steppe from 2002 through 2014. APT (ALT) was estimated as the maximum thaw depth in late autumn,

using linear interpolation of soil temperature profiles between two neighboring points near and below the 0 °C isotherm beneath embankments at all sites. Long-term trends of APT were estimated by linear regression, using 13 years of APT data at each site, with $p < 0.01$. Long-term trends of annual mean permafrost temperature were estimated by half-monthly measurements for QTH and daily measurements for QTR. Long-term variability of permafrost temperature was estimated via linear regression, using 13 years of annual mean permafrost data at each site, with $p < 0.01$.

Table 2 Climate and environmental parameters at 12 monitoring sites along QTH and QTR

No.	Site	Climate Conditions *		Ecosystem	VC (%)	Permafrost Conditions			
		MAAT (°C)	Precipitation (mm)			MAGT (°C)	ALT (m)	FST	
1	CMH1	-5.0 to -5.5	230–250	Alpine Steppe	5–10	-1.45	1.79	B,H	
2	CMH2				5–10			B,H	
3	CMH3				5–10			B,H	
4	CMR1				20–30			-0.91	B,H
5	CMR2				20–30			-0.22	4.88
6	BLR1	-3.4 to -4.0	230–510	Alpine Meadow	60–70	-0.97	1.76	H	
7	BLR2				35–40	-0.57	2.23	H	
8	BLR3				60–70	-1.07	1.96	H	
9	BLR4				80–90	-1.04	1.97	H	
10	FHH1	-6.0 to -6.5	250–300	Alpine Meadow	85–90	-2.13	2.02	F, B	
11	KXH1	-3.4 to -3.8	250–480		35–40	-0.92	1.64	F, B	
12	TGH1	-6.0 to -6.5	250–300		93–97	-1.14	2.02	F, B	

MAAT: mean annual air temperature; ALT: active layer thickness; MAGT: mean annual ground temperature at depth of zero annual amplitude, usually at 10–15 m depth below ground surface on the plateau; FST: frozen soil types, where H stands for frozen soils with ice, B for saturated frozen soils, and F for saturated frozen soils with excess ground ice; VC: vegetation cover.

*Climate conditions from Zhao et al., 2004; Wu et al., 2012; Wu et al., 2015.

3 Results

3.1 Change in APT beneath embankments

Based on soil temperature beneath embankments in alpine meadow and steppe, mean APT beneath those embankments in alpine steppe from 2002 through 2014 ranged from 6.5 m at CMR1 and CMH2 to 7.83 m at CMH3, with an average of 7.03 m. That in alpine meadow from 2002 (1995 at FHH1) through 2014 was from 3.39 m at BLR3 to 8.43 m at KXH1, with an average of 4.86 m (Table 3). The difference of APT between alpine meadow and steppe is 2.2 m. This difference is similar to that beneath natural surfaces in alpine meadow and alpine steppe (Wu et al., 2010c; Zhao et al., 2010; Li et al., 2012). These results indicate that the APT beneath both highway and railway embankments in alpine meadow is much smaller than that in

alpine steppe, meaning that permafrost beneath embankments in alpine meadow has greater heat release in winter (reducing temperature) than that in alpine steppe. For alpine meadow, mean APT beneath QTH embankment (6.47 m) was larger than that beneath QTR embankment (3.65 m). However, for alpine steppe, APT beneath QTH embankment (average 7.22 m) was slightly larger than that beneath QTR embankment (average 6.74 m). Such a difference may explain the protective role of a vegetation layer for permafrost underlying an alpine meadow.

ALT beneath natural surfaces increased continuously because of climate warming along the QTH and QTR (Fig. 2). The annual ALT rate of increase ranged from 1.79 cm/a at CMR2 to 5.45 cm/a at FHH1, with an average of 3.54 cm/a (Table 3). As with the annual ALT rate of increase in the Beiluhe Basin (Wu et al., 2015), the rate in alpine meadow, which varied from 3.53 cm/a at TGH1 to 5.45 cm/a at FHH1 with an average of 4.29 cm/a, was greater than that in alpine steppe. The latter ranged from 1.79 cm/a at CMR2 to 2.31 cm/a at CMH2, with an average of 2.05 cm/a (Table 3). The difference of mean ALT rate of increase between alpine meadow and alpine steppe is more than 2.0 cm/a.

Table 3 Rate of change for artificial permafrost table (APT)

Site Name	APT change beneath Embankment				ALT change beneath nature surface			
	Max (m)	Min (m)	Mean (m)	Rate (cm/a)	Max (m)	Min (m)	Mean (m)	Rate (cm/a)
Ecosystem					Alpine steppe			
CMH1	8.06	6.40	7.33	11.17				
CMH2	7.06	5.52	6.50	8.14	1.94	1.62	1.79	2.31
CMH3	8.39	6.16	7.83	14.26				
CMR1	7.53	4.90	6.50	-31.78				
CMR2	7.70	6.58	6.98	-7.45	4.98	4.75	4.88	1.79
Ecosystem					Alpine meadow			
FHH1	3.84	3.19	3.56	-2.06	2.35	1.2	1.75	5.45
TGH1	8.40	6.08	7.43	19.20	2.26	1.82	2.02	3.53
KXH1*	8.74	7.81	8.43	10.30	1.89	1.42	1.64	4.35
BLR1	4.96	3.53	4.09	-9.95	2.1	1.44	1.76	3.68
BLR2	4.41	3.36	3.62	-7.12	2.49	1.95	2.23	4.46
BLR3	4.2	3.32	3.50	-5.13				
BLR4	5.83	2.46	3.39	-28.9				

KXH1*, trend analysis range from 2004 to 2011 because thermosyphon was installed in 2010.

Notably, there was a substantial difference between the QTH and QTR in annual APT change rate, and this difference was independent of alpine meadow or alpine steppe. For the QTH, APT beneath embankments continuously increased except at FHH1 (where it decreased at an annual rate of -2.26 cm/a) (Fig. 3a). This rate of increase varied from 8.14 cm/a at CMH2 to 19.20 cm/a at TGH1, with an average of 12.6 cm/a. For the QTR, APT beneath embankments continuously decreased (Fig. 3). The annual rate of decrease ranged from -31.78 cm/a at CMR1 to -7.12 cm/a at BLR2, with an average of -15.1 cm/a. This great difference in annual APT change rate between the QTH and QTR is attributed to strong heat absorption by asphalt pavement (Sheng et al., 2002; Wu et al., 2010a), cooling of railway ballast pavement (Lai et al., 2003; Cheng et al., 2007; Ma

et al., 2008), and strengthening measures of the QTR after 2007 (Hou et al., 2015). As a consequence, there was no clear effect of alpine meadow or alpine steppe on interannual APT change.

3.2 Changes in permafrost temperature

Because vegetation was removed during QTH construction but present during QTR construction, it is important to analyze the effect of the vegetation layer on the soil thermal regime in alpine meadow and steppe for both constructions. Therefore, we examined long-term variability of soil temperature at 0.5 m beneath the embankment base, near-permafrost table temperature, and permafrost temperature at a depth of 10 m (Fig. 4).

Figure 5 shows changes of mean annual soil temperature at depth 0.5 m beneath the embankment base along the QTH and QTR in alpine meadow and steppe. Mean annual soil temperature at that depth along the QTR had a decreasing trend, but that along the QTH had an increasing trend except for a decrease at FHH1. At QTR sites, the rate of mean annual soil temperature decrease at the 0.5 m depth varied from $-0.16\text{ }^{\circ}\text{C}/10\text{a}$ at BLR2 to $-1.5\text{ }^{\circ}\text{C}/10\text{a}$ at CMR1 with an average of $-0.48\text{ }^{\circ}\text{C}/10\text{a}$ (Table 4). At QTH sites except FHH1, that rate ranged from $0.76\text{ }^{\circ}\text{C}/10\text{a}$ at CMH3 to $1.24\text{ }^{\circ}\text{C}/10\text{a}$ at TGH1, with an average of $0.92\text{ }^{\circ}\text{C}/10\text{a}$ (Table 4).

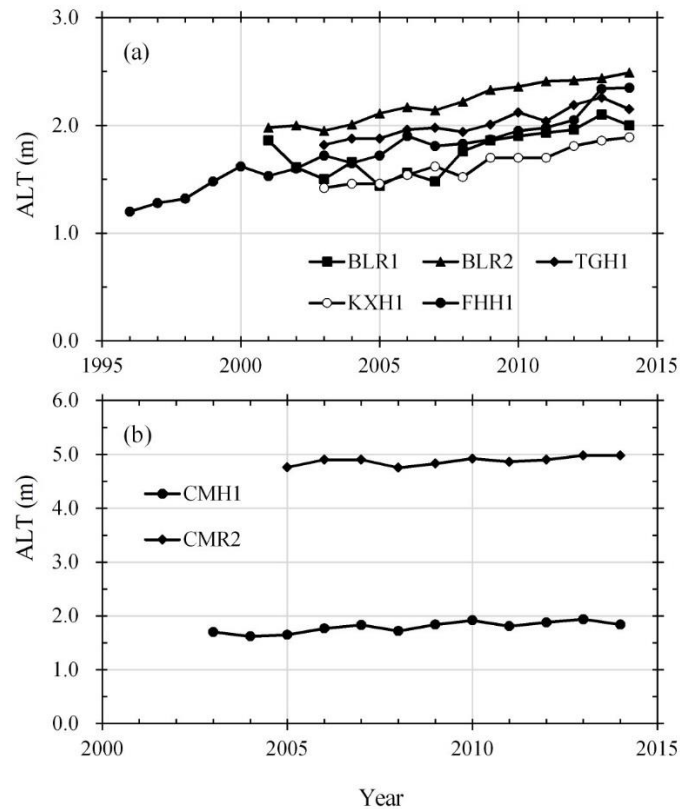


Figure 2 Active layer thickness (ALT) beneath natural surface in alpine meadow (a) and alpine steppe (b)

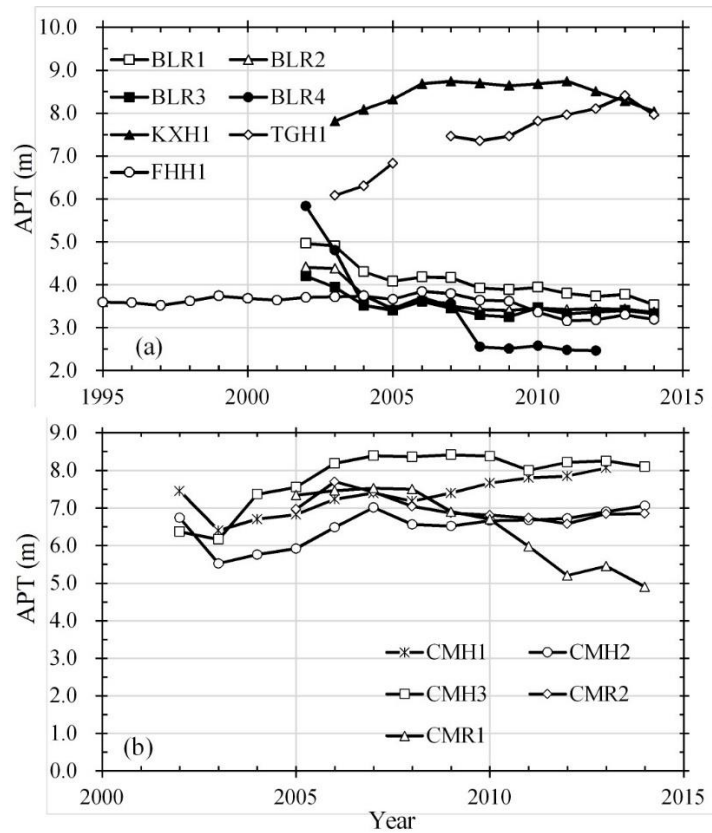


Figure 3 Artificial permafrost table (APT) beneath embankment in alpine meadow (a) and alpine steppe (b)

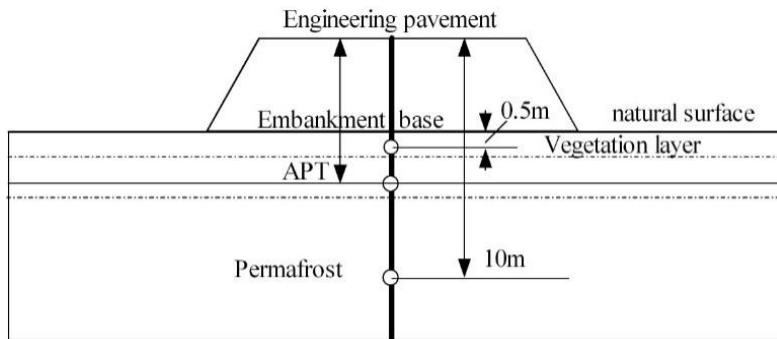


Figure 4 Soil temperature at 0.5 m depth beneath embankment, near artificial permafrost table, and at 10 m depth.

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Figure 6 shows changes of near-permafrost table temperature beneath embankments along the QTH and QTR in alpine meadow and steppe. Over the observation period, ~~that temperature along the QTR showed a decreasing trend, but that along the QTH had an increasing trend except for a decrease at FHH1.~~ At QTR sites, the rate of near-permafrost table temperature decrease varied from $-0.01\text{ }^{\circ}\text{C}/10\text{a}$ at CMR2 to $-0.39\text{ }^{\circ}\text{C}/10\text{a}$ at BLR1 and BLR3, with an average of $-0.21\text{ }^{\circ}\text{C}/10\text{a}$ (Table 4).

At QTH sites except FHH1, the rate of increase ranged from 0.13 °C/10a at CMH3 to 0.38 °C/10a at TGH1, with an average of 0.27 °C/10a.

Table 4 Variation rate of mean annual soil temperature at depth 0.5 m beneath embankment base (EBT0.5), near-permafrost table temperature (NPT), and permafrost temperature at depth 10 m (PT10) beneath embankment

Site Name	Change rate of soil temperature beneath embankment, °C/10a			Observed Period
	EBT0.5	NPT	PT10	
Ecosystem				
Alpine Steppe				
CMH1	0.91	0.31	0.41	2002–2014
CMH2	0.77	0.23	0.17	2002–2014
CMH3	0.76	0.13	0.09	2002–2014
CMR1	-1.50	-0.19	-	2005–2014
CMR2	-0.23	-0.01	0.07	2005–2014
Ecosystem				
Alpine Meadow				
FHH1	-0.42	-0.22	0.19	2002–2014
TGH1	1.24	0.38	0.19	2002–2014
KXH1*	-	0.32	0.26	2004-2014
BLR1	-0.45	-0.39	0.44	1996–2014
BLR2	-0.16	-0.11	0.17	2002–2014
BLR3	-0.19	-0.18	0.39	2003-2014
BLR4	-0.35	-0.39	0.33	2003-2011

KXH1*: trend analysis range from 2004 to 2011, because thermosyphon was installed at the end of 2010.

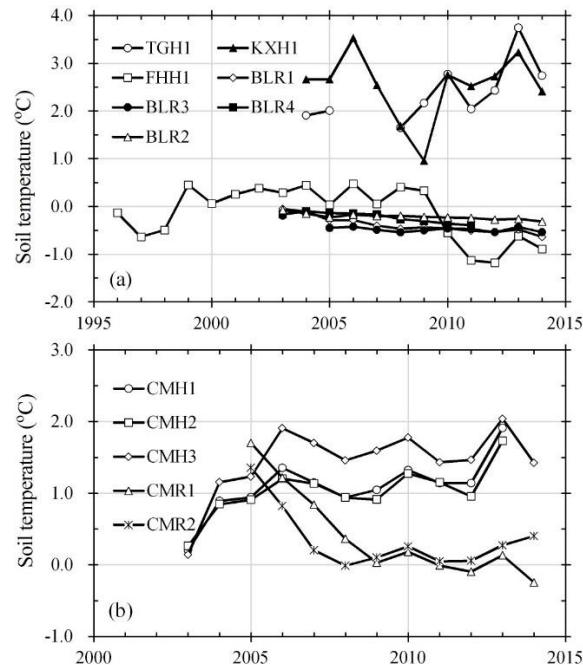


Figure 5 Mean annual soil temperature at depth 0.5 m beneath embankment base in alpine meadow (a) and alpine steppe (b)

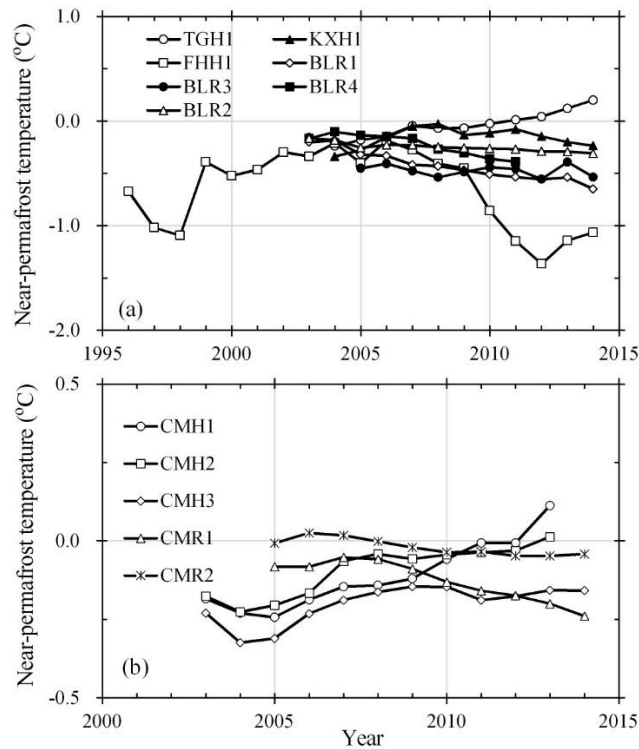


Figure 6 Near-permafrost table temperature beneath embankment in alpine meadow (a) and alpine steppe (b)

Figure 7 shows changes of permafrost temperature at depth 10 m beneath the embankment surface of the QTH and QTR, in alpine meadow and steppe. That temperature had an increasing trend. At the QTR sites, the rate of permafrost temperature increase at 10 m depth varied from 0.07 °C/10a at CMR2 to 0.44 °C/10a at BLR1, with an average of 0.28 °C/10a; however, there was no obvious increasing trend at CMR1 (Table 4). At the QTH sites, the rate of temperature increase ranged from 0.09 °C/10a at CMH3 to 0.41 °C/10a at CMH1, with an average of 0.22 °C/10a.

Changes of soil temperature at depth 0.5 m beneath the embankment base and near-permafrost table temperature beneath the embankment were not clearly related to alpine meadow or alpine steppe, but only related to climate change and the cooling of QTR ballast pavement and heat absorption of QTH asphalt pavement. Changes of permafrost temperature at depth 10 m were independent of engineering type (QTH or QTR), and the increase rate of this temperature approached 0.28 °C/10a for QTR and 0.22 °C/10a for QTH. Notably, the average rate of this temperature increase in alpine meadow (0.25 °C/10a) was higher than that in alpine steppe (0.18 °C/10a). The change of this permafrost temperature had a similar pattern to that of temperature beneath a natural surface (Wu et al., 2015). The thermal effect of engineering activities on permafrost gradually weakened. Therefore, the effect of climate warming on permafrost at 10 m depth beneath the embankment may be stronger than that of engineering activities.

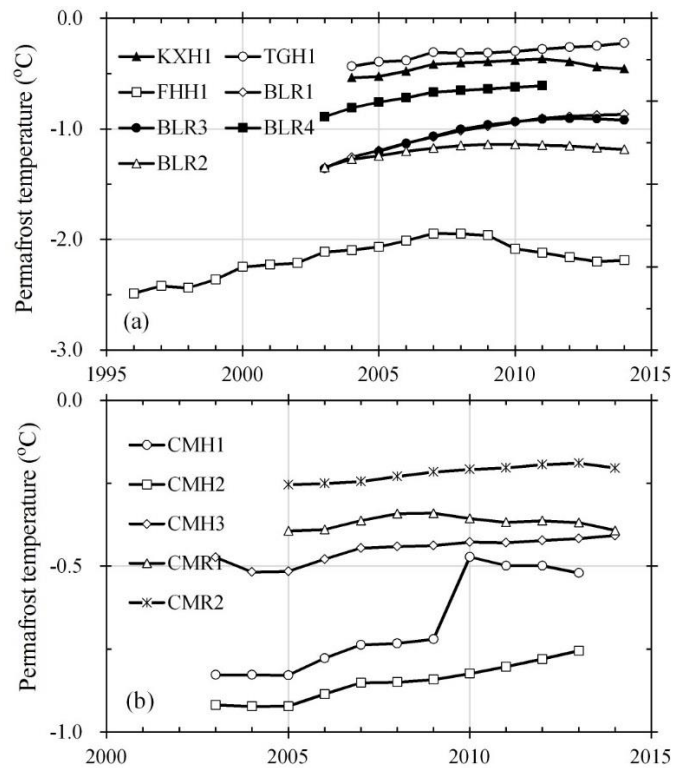


Figure 7 Permafrost temperature at depth 10 m beneath embankment surface in alpine meadow (a) and alpine steppe (b)

4. Discussion

Vegetation in alpine ecosystems is important to the freezing-thawing process and permafrost thermal regime (Zhang et al., 2005; Shur and Jorgenson, 2007; Hinzman et al., 2005; Wang et al., 2012). The response of permafrost in different alpine ecosystems to climate change varies greatly (Wu et al., 2015). Because the vegetation layer beneath embankments can be important in the change of APT and permafrost thermal regime, the effect of engineering activities on permafrost likely varies with the alpine ecosystem. However, we cannot infer that changes of APT, daily mean soil temperature, and permafrost temperature are closely related to the influence of the vegetation layer in alpine meadow and steppe. Therefore, we analyzed variations of soil temperature with depth beneath embankments in alpine meadow and steppe. Figure 8 shows variations of mean annual soil temperature with depth beneath the embankment at BLR1 (a) and BLR2 (b) for the QTR, where there was a vegetation layer in the alpine meadow, and at TGH1 (c) and FHH1 (d) for the QTH, where that layer was removed. From this figure, mean annual soil temperature gradually approached a certain value (about $-0.77\text{ }^{\circ}\text{C}$ at BLR1 in panel a and $-0.36\text{ }^{\circ}\text{C}$ at BLR2 in panel b) in the vegetation layer case. However, there was no such finding (panels c and d) for the QTH without a vegetation layer. Under the combined effect of climate change and engineering activities, soil temperature in the upper vegetation layer had an obvious decreasing trend, but that temperature in a certain depth range beneath the vegetation layer

had an obvious increasing trend for the railway with a vegetation layer in alpine meadow (Figure 8a and b and Table 4). However, soil temperature at all depths showed obvious increasing trends for the highway with vegetation layer removed (Figure 8c and d and Table 4). These variations indicate that the vegetation layer in an alpine meadow may have an insulating role among the effects of engineering activities on permafrost beneath embankments. We also analyzed changes of permafrost thermal regime beneath embankments in alpine steppe, for both QTR with a vegetation layer and QTH without that layer. As a result, there was no pattern similar to that in Figure 8a and b, demonstrating that that vegetation layer has no insulation effect. Therefore, the vegetation layer in an alpine meadow can effectively prevent heat disturbance from engineering construction from propagating rapidly downward and raising permafrost temperature over the short term. This is because such a layer has a layer of humus soils with small thermal conductivity, reducing downward heat conduction.

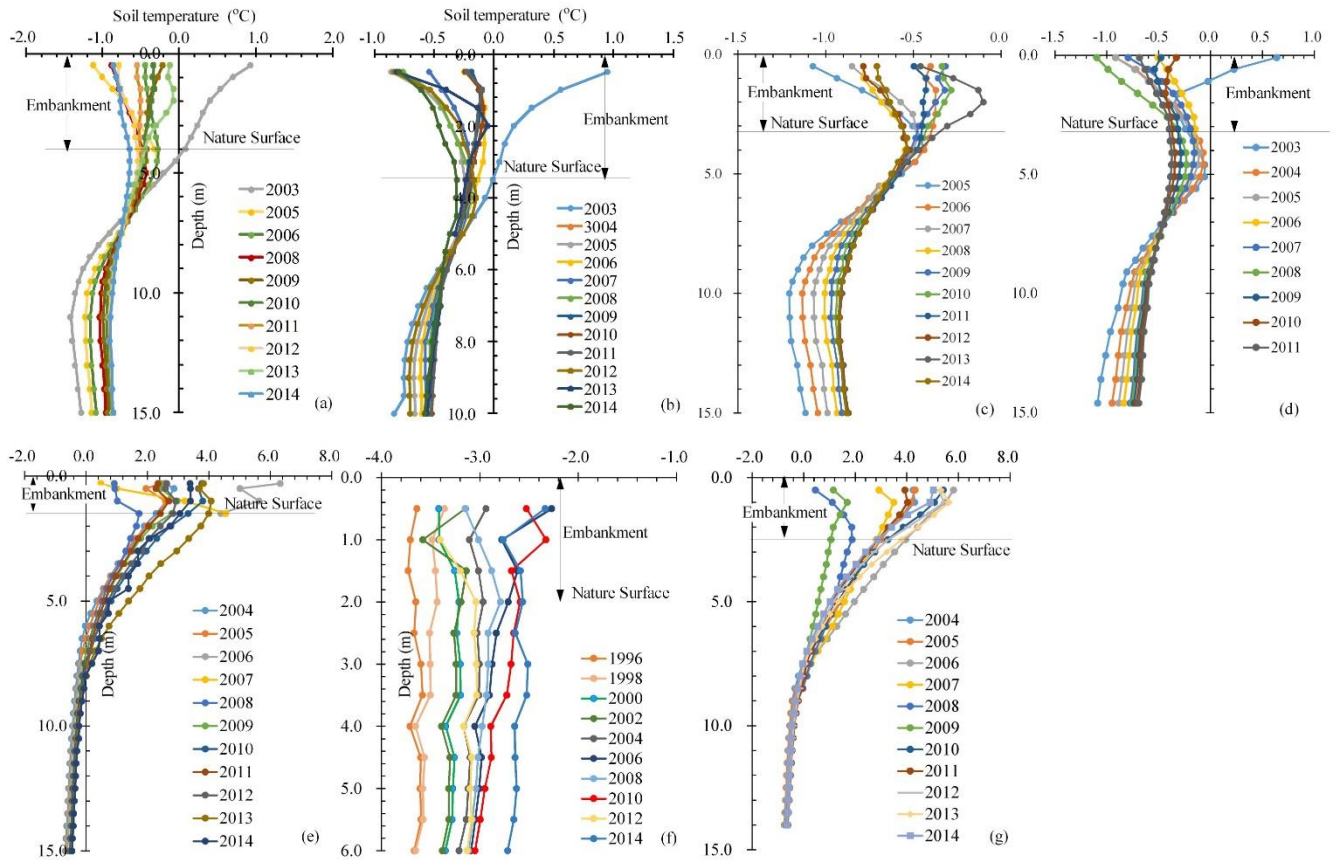





Figure 8 Change of mean annual soil temperature with depth beneath embankment at BLR1 (a) and BLR2 (b), BLR3 (c), and BLR4 (d) for QTR, and at TGH1 (e), FHH1 (f), and KXH1 (g) for QTH in alpine meadow

Generally, an insulation layer within an embankment can mitigate heat disturbance from short-term engineering activities (Esch, 1987; Cheng et al., 2004; Wen et al., 2005). However, such a layer is a disadvantage during long-term effects of climate warming over the period of engineering operation (Liu et al., 2002; Sheng et al., 2006), especially for warm permafrost

Although we cannot know what happens to an insulating vegetation layer after it is buried under a railroad grade, we can infer that this layer is compressed over time, altering its thermal properties in an alpine meadow. As a consequence, its insulation effect may gradually weaken (McHattie and Esch, 1983). From  8, the temperature gradient from the vegetation layer to a given depth beneath the embankment gradually decreases, and the trend of permafrost warming gradually weakens between 3 and 4 years after railway construction. This indicates that the heat insulation effect of vegetation changes.

Generally, the vegetation layer in alpine meadow of the Qinghai-Tibet Plateau, including the humus and root-layer soils, is thin, with maximum thickness < 60 cm (Li et al., 2007). Vegetation roots mainly reach depths of ~10 cm, and mean root biomass makes up 60% of total root biomass (Yue et al., 2015). After the railway or highway embankment is constructed, soil within the vegetation layer of the alpine meadow is compressed and soil moisture decreases, modifying soil heat transfer. Because heat conductivity within the vegetation layer of alpine meadow from humus soil is less than that of filled soil of embankments, the vegetation layer can effectively prevent downward heat transfer, decreasing the amount of heat in permafrost. Meanwhile, moisture within the alpine meadow vegetation layer migrates upward in the embankment soil, ~~redistributing its moisture.~~ At present, we cannot quantitatively analyze such a process, ~~so focused study is needed in that area. This process of~~ heat and moisture transport through the vegetation may be affected by lateral heat transfer, different geometries of the roadbed/railroad, and ~~snow cover~~ on the lateral embankment slopes.

The effect of lateral heat transfer on permafrost beneath embankments has two sources. ~~One is from horizontal heat exchange outside the embankment, and the other is a heat effect of its slope.~~ The horizontal heat exchange is generally small owing to soil heat conduction. However, ~~lateral convection heat transfer~~ strongly influences permafrost beneath the embankment. Water flow can especially accelerate permafrost thaw (Grandpré et al., 2012). The heat effect of embankment slope on permafrost beneath the embankment is mainly from the thermal effect of sunny-shade slope (Chou et al., 2008a). The resulting difference in solar radiation ~~has a thermal effect on the sunny and shaded slopes of embankments constructed within permafrost regions,~~ producing differences in soil temperature and the permafrost table under the shoulder (Chou et al., 2008b; Wu et al., 2011). Monitoring data of soil temperature along the QTR show that the difference in temperature and APT between sunny and shaded slopes of the embankment at  3, KL1 and KL3 in alpine meadow (Wu et al., 2012) is generally small, < 1 °C and 20 cm, respectively (Wu et al., 2011), but that difference in alpine steppe is > 1.5–3.0 °C and 100–300 cm (Wu et al., 2011). These results may indicate that the alpine meadow vegetation layer beneath embankments reduces differences in soil temperature and APT under the shoulder  however, a large embankment height strengthens that difference, because of greater radiation on the sunny slope (Hu, 2006). ~~The varying geometries of the roadbed/railroad have a thermal effect on permafrost beneath the embankment.~~ The embankment width affects the annual heat transfer rate at the bottom of the embankment (Yu et al., 2007). The annual rate increased by 60% with doubling of the width of asphalt pavement (Yu et al., 2007). This increased rate was mainly at the bottom of the embankment, resulting in thermal concentration. ~~Therefore, substantial heat enters the permafrost through the vegetation layer.~~

On the Qinghai-Tibet Plateau, snow mainly accumulates in the high mountains, with little in the plateau interior (Li and Mi, 1983; Sun et al., 2014). Snow cover is generally thin, less than 6 cm on average, and ~~the duration of cover is short~~ (Li and

Mi, 1983; French, 2007; Tian et al., 2014). The insulation of snow cover is weak when it is < 20 cm in thickness (Zhang, 2005; Jin et al., 2008). Although there is no steady snow cover in winter on the plateau, snow accumulation at the slope-foot of embankments is possible, with thickness 0 cm. Thus, snow accumulation at the slope-foot may have no effect on permafrost beneath the embankment. However, thaw of accumulated snow increases soil moisture at the slope-foot.

5 Ground temperatures in permafrost regions of the Qinghai-Tibet Plateau are mainly controlled by regional climate conditions, as indicated by strong regional zonation of elevation, latitude, and continentality (Cheng, 1982). The temperatures are also greatly affected by local factors such as vegetation, snow cover, sand cover and surface conditions. These influences can increase or decrease ground temperature under certain circumstances (Jin et al., 2008). The regional and local factors can cause significant offsets between mean annual air temperature (MAAT) and mean annual ground temperature (MAGT)
10 (Zhou et al., 2000; Wang, et al., 2002). However, engineering surfaces such as asphalt pavement cause anomalously high surface temperatures through radiative heating. This causes a difference between MAAT and mean annual ground surface temperature, generating accelerated permafrost degradation under the embankment (Wu et al., 2011; Zhang et al., 2016).

5 Conclusions

Based on soil temperature observations at nine monitoring sites over the period 2002/2004 through 2014 along the QTH
15 and QTR, we studied the variation of APT and soil temperature beneath embankments. The results show that alpine ecosystems on the Qinghai-Tibet Plateau can alter the effects of engineering construction on permafrost beneath embankments. Average APT beneath embankments was between 4.68 m at alpine meadow sites and 7.03 m at alpine steppe sites. However, the variation rate of APT was not closely related to the alpine ecosystem but only the engineering type. APT beneath QTH embankments had an increasing trend, with an average of 13.2 cm/a. In contrast, APT beneath QTR embankments had a
20 decreasing trend, with an average of -14.1 cm/a. These findings indicate that alpine ecosystems can affect APT magnitude beneath embankments but do not influence the rate of APT change. That rate is related to the cooling of railway ballast and heat absorption of asphalt pavement.

Soil temperature at a depth of 0.5 m and near-permafrost table temperature beneath embankments in QTH alpine ecosystems had an increasing trend over the period of observation, with averages of 0.84 °C/10a and 0.26 °C/10a, respectively.
25 However, there was a decreasing trend for QTR, with respective averages of -0.60 °C/10a and -0.18 °C/10a. Permafrost temperature at a depth of 10 m beneath the embankment surface had an increasing trend, with an average of 0.22 °C/10a. The changes in soil temperature at a depth of 0.5 m and near-permafrost table temperature are closely related to the cooling of railway ballast and heat absorption of asphalt pavement, but unrelated to variation between alpine meadow and steppe. The rate of permafrost temperature increase at a depth of 10 m in alpine meadow (0.25 °C/10a) was slightly higher than that in
30 alpine steppe (0.18 °C/10a).

Changes in mean annual soil temperature with depth beneath embankment surfaces in alpine meadow with a vegetation layer differed from that without a vegetation layer. This suggests that the vegetation layer of alpine meadow has an insulation

role within the effects of engineering activities on permafrost beneath embankment, but this insulation gradually disappeared as the vegetation layer decayed and compressed over time. Overall, that layer is an advantage for alleviating permafrost temperature rise in the short term, but its impact gradually weakens in the long term.

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